



**CORALVILLE PARKS AND RECREATION DEPARTMENT
ADULT VOLLEYBALL
LEAGUE INFORMATION & LEAGUE RULES**

INFORMATION

Indoor matches for the competitive league will be played in the Big Gym at the Coralville Recreation Center, located at 1506 8th Street and recreational league at Borlaug Elementary, located at 1000 Kennedy Parkway Coralville, IA 52241. Outdoor Sand Volleyball games will be played at Dovetail Recreation Area adjacent to Gold's Gym on Oakdale Blvd. Coralville, Iowa 52241.

Under no circumstances will the Parks and Recreation Department reschedule a match on a different day, site or time except under adverse weather conditions and/or the inability to use the scheduled gymnasium. Under these circumstances it may be necessary to reschedule matches on an evening or at a site different from a team's regular game day or site. Any other circumstances will not be considered.

The Parks and Recreational Department will be responsible for scheduling matches, site supervisors, providing gymnasiums, game & practice balls, league standings, and general league administration.

The Parks and Recreation Department, Recreation Commission, League officials and its agents are not responsible for any injury, accident or loss incurred by a player(s) or spectators as a result of this program. Individuals are encouraged to have personal health/accident insurance to cover injuries that may occur.

Weekly standings will be posted on the bulletin board in the game room and will be updated on Thursday of each week. Sand Volleyball League standings will be in the supervisor's notebook on site. Standings will also be published on-line at www.coralville.org

Tournament draw sheets listing teams will be seeded based on the final league standings will be e-mailed to managers for the season ending tournament. Once all league matches are finished, the same draw sheets will be emailed to managers with the final league standings listed.

T-shirts will be awarded to the tournament champions in each division of play.

The recreation center is open Sunday through Saturday 9:00 am to 9:00 p.m. League business can be conducted at the front desk. All league transactions (rosters, manager changes, etc.) must be conducted at these times or via e-mail at edinusson@coralville.org.

No drinking or eating in the gym. Participants are responsible for supervising their children.

The Athletic Supervisor must be notified when a team changes managers and/or address in order for them to receive league correspondence.

ELIGIBILITY

Players must be 18 years of age by the start of the season.

Those players living outside the corporate limits of Coralville must pay a non-resident fee of \$6.00. This fee is due before your team's first scheduled match.

No current college, community college or professional players are eligible.

If the status of a player's eligibility is questioned, the Parks and Recreation Department will check on such matters at the request of the team manager.

ROSTERS

Roster forms must be completed and submitted to the Coralville Recreation Center before and/or at your first scheduled game.

Rosters must include the players first and last name the community in which they reside and a phone number. No rosters will be accepted other than those written on the official form issued to managers at the time of registration. If the rosters fail to meet these guidelines they will not be accepted.

Team rosters are unlimited, however a minimum of six players must be carried throughout the season.

Team managers will be able to make additions or changes to their roster until the last regular season match. To be eligible for the end of season tournament, a player must have played in at least one match during the regular season.

Once a player is dropped from a team's roster he/she is ineligible to appear on that roster again.

A player can change teams by obtaining written consent from the manager releasing the player and the manager adding the player. Approval from the Athletic Supervisor is also required.

Any player who fails to conform to eligibility and roster rules will be deemed illegal. All games won in which an illegal player participated will be forfeited.

A manager who knowingly uses an illegal player or a player who plays under an alias will be suspended for at least the remainder of the season.

A manager or player who falsified names or addresses on his/her team's roster will be suspended for one full year.

RULES AND REGULATIONS

All players must wear tennis shoes. No street shoes or bare feet allowed. Please do not wear game shoes to the gymnasium. This will help keep the floor clean.

Team must be ready to play at game time. Game time is forfeit time for the first game of the match. After 15 minutes from the scheduled time, if at least four players are not present to play the game, the team will forfeit the remaining two games of the match.

Failure to field four players – two males and two females will result in a forfeit.

Managers will be responsible for the conduct of their players and must inform players of schedules, league rules, and other league information.

Parks & Recreation Department staff shall have the authority to evict any player, manager or spectator from the game and facility. In addition he/she has the right to stop play and forfeit a game to the opposition if in his/her opinion a team is making a travesty of the game.

The Athletic Supervisor reserves the right to suspend any player or manager from competition when harmful, profane, and abusive and unsportsmanship behavior or language of any degree is directed towards league site supervisors, staff or members of the opposing team. The Athletic Supervisor will determine the length of suspension and notify the participant involved. The Athletic Supervisor has the authority to forfeit any game in which gross or flagrant infractions of league rules have been committed.

A player who is ejected from a game will be suspended from playing or coaching in his/her next match.

A match consists of 3 games, played to 25 points, point per play (rally scoring). You must win by 2. All three games are to be played regardless of the outcomes of the first two. Each game counts towards the standings.

A one-hour time limit will be allowed for three game matches. At the end of one hour the team with at least a two-point advantage will be declared the winner of that game. If there is not a two-point advantage play will continue until there is one.

To choose whom serves first, simply start a volley for serve. The ball must travel back and forth to start the volley, and then the winner of this volley shall serve first. The other manager will get choice of side. The serves will then alternate for games two and three, with the teams switching sides.

The server may take only one step into the court while serving (no foot faults).

A ball that strikes the ceiling or overhead obstruction is considered live and playable providing this occurs on the side of the net occupied by the team that played it last.

When a ball is played more than once by a team, a female player must hit the ball before it is returned over the net. Multiple hits in succession by a female are permitted.

A team may play with 3 men & two women or 3 women & 2 men. However, a team must have 2 men and 2 women to be able to play. Teams cannot play with 4 women/men & 2 women/men.

Per USA Volleyball Rules:

The following Rules govern co-ed and reverse co-ed competition. The Rules Commission solicits comments and suggestions from volleyball groups and organizations that conduct and sponsor special competitions such as doubles, triples, mixed doubles, etc. 1. CO-ED PLAY The Indoor Rules Book in general shall govern play for females and males on the same team with the following exceptions: 1.1 **The serving order and positions on the court at service shall be male and female alternated or vice-versa.** 1.1.1 A team may list two specialized defensive players, "Liberos," per match or one Libero per set. More information can be found under Rule 19 and USAV 19.1.1. 1.1.1.1 Alternating male and female service order must be maintained. A female Libero may only replace regular female players. A male Libero may only replace regular male players. All other Libero rules and restrictions apply. 1.2 **When the ball is played more than once by a team, a female player shall make at least one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a male player to contact the ball, regardless of the number of hits by a team.**

A ball contacting the net on the serve and continuing over is considered good and play will continue.

Blocking or spiking the serve is prohibited.

Current USA Volleyball rules apply, unless otherwise stated.

Managers are to report the scores of the match to the Recreation Associate at the back desk in the game room.

*In case of a tie in the final standings, the tiebreaker will be as follows:

- Head to head record
- Head to head point differential
- Overall point differential
- Coin flip

If there is any questionable dispute in regards to a particular rule and/or play, simply call a replay and repeat the point and/or side out.