Coralville Parks & Recreation

Coralville Recreation Center
1506 8th Street, Coralville

HOURS
- Monday - Friday: 9:00 a.m.-9:00 p.m.
- Saturday: 8:00 a.m.-7:00 p.m.
- Sunday: Noon-7:00 p.m. (Oct. – Apr.)

TELEPHONE: 319-248-1750
FAX: 319-248-1899
CANCELLATION HOTLINE: 319-248-1763
WEBSITE: www.coralville.org
RELAY IOWA SERVICE: Call 711 for text and voice

Class Locations
All classes are held at the Coralville Recreation Center or S.T. Morrison Park unless otherwise noted under the class description.

3 Easy Ways to Register

<table>
<thead>
<tr>
<th>Registration Method</th>
<th>Date You Can Begin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Online for some programs at <a href="http://www.coralville.org">www.coralville.org</a></td>
<td>Mon., Aug. 24, 9:00 a.m.</td>
</tr>
<tr>
<td>In Person at Coralville Recreation Center</td>
<td>Mon., Aug. 24, 9:00 a.m.</td>
</tr>
<tr>
<td>Phone at 319-248-1750</td>
<td>Mon., Aug. 24, 9:00 a.m.</td>
</tr>
<tr>
<td>Mail to 1506 8th Street, Coralville, IA 52241</td>
<td>Mon., Aug. 24, 9:00 a.m.</td>
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</tbody>
</table>

All dates are subject to change due to the COVID-19 Pandemic.

Parks & Recreation Commission
The Parks and Recreation Commission is a volunteer board, which reviews and recommends policies, rules, and budgets relating to parks, playgrounds, and recreation programs. They meet on the third Monday of each month at 7:00 p.m. Agenda, minutes, and meeting locations are posted on our website at www.coralville.org.

Fred Fevold, Chair 319-325-8234
Marti Mount 319-331-2398
Alex Taylor 319-321-7616
Kyle McEvilly 815-715-0824
Dhuha Tawil 319-491-5929
Jill Dodds, Council Representative 319-351-2396
Music Time with Nancy

Enter the magical world of music and watch your child grow! Nancy Bell, preschool music instructor, will lead your child on a musical adventure with songs that will have your child moving, singing, counting, listening, playing instruments, and dancing. Move and groove with your child and enjoy the fun.

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 8 – 29</td>
<td>9:30-10:15 a.m.</td>
<td>5500.300</td>
</tr>
<tr>
<td>Oct. 6 – 27</td>
<td>9:30-10:15 a.m.</td>
<td>5500.301</td>
</tr>
<tr>
<td>Nov. 10 – Dec. 8</td>
<td>9:30-10:15 a.m.</td>
<td>5500.302</td>
</tr>
<tr>
<td>No Class Nov. 24</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Age: 20 mos.-5, must be accompanied by an adult
Note: Will be virtual.
Deadline: One week prior to the start of the class

Kinder Club

Children and nature just go together-naturally! Kinder Club builds on your child’s inherent curiosity about the world by using hands on sensory and nature based activities to foster social, physical, and academic development. Each class of our program will follow a familiar flow of active play, large group circle time, fine motor and sensory based activities. Your child will expand their imagination and generate their creativity by participating in various activities from painting and crafts, sensory tables, STEM activities, outdoor lessons, music and dance, cooperative games, and fun storytelling. Weather appropriate clothes are needed and play clothes are a must!

**SATURDAY 9:30-11:30 a.m.**

<table>
<thead>
<tr>
<th>DATE</th>
<th>PRICE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept: 19 &amp; 26</td>
<td>$26 res. $32.50 non-res.</td>
<td>5535.300</td>
</tr>
<tr>
<td>Oct. 3, 10, &amp; 24</td>
<td>$39 res. $48.75 non-res.</td>
<td>5535.301</td>
</tr>
<tr>
<td>Nov. 7, 14, &amp; 21</td>
<td>$39 res. $48.75 non-res.</td>
<td>5535.302</td>
</tr>
</tbody>
</table>

Age: 3-6
Deadline: One week prior to the start of the class
STEM Adventures

A fun break between school and homework! Join us as we dive into an adventure in science, technology, engineering and mathematics through activities your student will love. Slimy polymers, erupting chemistry and spooky science our classes are hands-on, engaging and fun! As a student-led environment your student will have a chance to guide their own learning and obtain new skills in STEM through LEGO builds, circuitry, coding, art and science activities and challenges. STEM Adventures has new activities and themes each week.

SATURDAY 12:30-2:30 P.M.

<table>
<thead>
<tr>
<th>DATE</th>
<th>PRICE</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Sept: 19 &amp; 26</td>
<td>$26 res. $32.50 non-res.</td>
<td>5540.300</td>
</tr>
<tr>
<td>Oct. 3, 10 &amp; 24</td>
<td>$39 res. $48.75 non-res.</td>
<td>5540.301</td>
</tr>
<tr>
<td>Nov. 7, 14 &amp; 21</td>
<td>$39 res. $48.75 non-res.</td>
<td>5540.302</td>
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</tbody>
</table>

Age: 5-12
Deadline: One week prior to first class of the month

## PRESCHOOL & YOUTH DANCE

Coralville Parks & Recreation partners with Tippi Toes Dance to provide dance classes. Classes are taught by staff that have completed dance training and have experience working with children.

### Baby Ballet

Baby ballet is a transition into Ballet, Tap, & Jazz combo. This class is for 2-3 year olds who are ready to dance without mommy or daddy in the room.

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 1 – Oct. 20</td>
<td>5:30-6:00 p.m.</td>
<td>5585.300</td>
</tr>
<tr>
<td>Oct. 27 – Dec.15</td>
<td>5:30-6:00 p.m.</td>
<td>5585.301</td>
</tr>
</tbody>
</table>

Price: $100 res. $125 non-res.
Age: 2-3
Deadline: One week prior to the start of the session

### Ballet, Tap & Jazz Combo

This class incorporates ballet, tap, & jazz technique while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun!

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 1 – Oct. 20</td>
<td>6:15-7:00 p.m.</td>
<td>5590.300</td>
</tr>
<tr>
<td>Oct. 27 – Dec.15</td>
<td>6:15-7:00 p.m.</td>
<td>5590.301</td>
</tr>
</tbody>
</table>

Price: $135 res. $168.75 non-res.
Age: 4-5
Deadline: One week prior to the start of the session

### Hip Hop/Jazz

Using popular, age appropriate music the students learn choreography in hip hop and jazz technique. Our version of hip hop/jazz dance is extremely tasteful and kid-friendly.

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>Sept. 1 – Oct. 20</td>
<td>7:15-8:00 p.m.</td>
<td>5550.300</td>
</tr>
<tr>
<td>Oct. 27 – Dec.15</td>
<td>7:15-8:00 p.m.</td>
<td>5550.301</td>
</tr>
</tbody>
</table>

Price: $135 res. $168.75 non-res.
Age: 5-10
Deadline: One week prior to the start of the session

### Kid-Ercise

Move, dance, jump, and run to music with your friends at your very own preschool exercise class. Obstacle courses, moving like animals, and finding shapes and colors will keep the little ones busy and inspired to keep moving. Parents are encouraged to participate and help out and enjoy the activities with their child!

**WEDNESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Sept. 2 – 23</td>
<td>6:15-6:45 p.m.</td>
<td>5505.300</td>
</tr>
<tr>
<td>Oct. 7 – 28</td>
<td>6:15-6:45 p.m.</td>
<td>5505.301</td>
</tr>
<tr>
<td>Nov. 11 – Dec. 9</td>
<td>6:15-6:45 p.m.</td>
<td>5505.302</td>
</tr>
</tbody>
</table>

*No class Nov. 25

Price: $20 res. $25 non-res.
Age: 2-5, must be accompanied by an adult
Deadline: One week prior to the start of the class
**YOUTH ACTIVITIES**

**Letter from Santa**
Add a little extra magic to the season and receive a letter from Santa mailed directly to your child. This letter, written in simple, easy to read format, is a delightful surprise for any child. The letter will arrive with Santa's name and return address in the corner and will be addressed directly to your child. This can also be a surprise for your grandchildren, nieces and nephews no matter where they live! All letters will be mailed on December 16.

**DATE** | **CLASS #**
---|---
Sept. 1 - Dec. 4 | 3310.300

Price: $4 res. $5 non-res.
Deadline: Dec. 4

**JUNIOR HIGH ACTIVITIES**

**5th-8th Grade After-School Activities**
When the school day is done, come have some fun! Coralville Parks and Recreation offers FREE activities for 5th-8th grade students most weekday afternoons. We offer a variety of activities to appeal to varying interests. Check out our monthly activity calendar and join the fun! Activities may include music, cooking, sports like basketball or volleyball, games like dodgeball or scatterball, arts and crafts, or alternative sports like lacrosse or floor hockey. Don’t see an activity that interests you? Share your ideas with us!

Grade: 5-8
Note: Limited to 50 at a time

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**Facebook**
facebook.com/coralvilleparksandrecreation

**Twitter**
twitter.com/cvilleparksrec

**Instagram**
instagram.com/coralvilleparksrec
Pee Wee Games

Pee Wee Games is designed for girls and boys ages 4 and 5 years old. This program introduces your child to a variety of games and allows them to interact with other children their age. The program will emphasize socialization, fun and good sportsmanship. Each session will last for 45 minutes. Parents are encouraged to join in! Participants will also receive a t-shirt.

**MONDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Sep. 14 – Oct. 12</td>
<td>6:00-6:45 p.m.</td>
<td>6305.300</td>
</tr>
</tbody>
</table>

Price: $28 res. $35 non-res.
Age: 4-5
Deadline: Sept. 6

I-Sport

I stands for introduce me to a sport. This class is designed just for tots. The unit will include hockey, t-ball, soccer, flag football, and basketball. Participants will receive a t-shirt.

**MONDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Nov. 2 – 30</td>
<td>6:00-6:45 p.m.</td>
<td>6300.300</td>
</tr>
</tbody>
</table>

Price: $28 res. $35 non-res.
Age: 4-5
Deadline: Oct. 25

Tiny Tot Soccer

Designed for children ages 3-6. The program will emphasize socialization, fun and good sportsmanship. Each team will play for 45 minutes; the first 20 minutes to teach skills and the last 20-25 minutes playing a scrimmage. Each child will receive a team t-shirt. Volunteer coaches are needed for this program.

**5:45-6:30 P.M.**

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>AGE</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Sept. 14 – Oct. 19</td>
<td>Mon.</td>
<td>3-4</td>
<td>6000.300</td>
</tr>
<tr>
<td>Sept. 14 – Oct. 19</td>
<td>Mon.</td>
<td>5-6</td>
<td>6000.301</td>
</tr>
<tr>
<td>Sept. 16 – Oct. 21</td>
<td>Wed.</td>
<td>3-4</td>
<td>6000.302</td>
</tr>
<tr>
<td>Sept. 16 – Oct. 21</td>
<td>Wed.</td>
<td>5-6</td>
<td>6000.303</td>
</tr>
</tbody>
</table>

Price: $39 res. $48.75 non-res.
Location: Coralville Youth Sports Park
Deadline: Aug. 31

KIXX Youth Soccer

Our youth soccer league is designed to provide an opportunity for boys and girls to have fun and build relationships while developing their soccer skills through small sided games. The emphasis is on introducing the concept of team play and building individual skills. Each participant will receive a t-shirt.

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>LEAGUE</th>
<th>AGE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 8 – Oct. 13</td>
<td>6:00-7:00 p.m.</td>
<td>6-8</td>
<td>6005.300</td>
</tr>
</tbody>
</table>

Price: $55 res. $68.75 non-res.
Location: Coralville Youth Sports Park
Deadline: Sept. 1
Pee Wee Flag Football

Designed for 5 and 6 year old boys and girls who want to learn the basics of football. The league emphasizes basic skill development and sportsmanship in a low-competition environment. Players will learn how to hike, receive, and score the ball all while having fun! Each hour will include 30 minutes of practicing fundamentals and 20-30 minutes of game time against another team. Games will be 5 on 5 with volunteer coaches serving as quarterbacks. Teams will be put together by school or one friend request.

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>GRADE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 15 - Oct. 20</td>
<td>6:00-7:00 p.m.</td>
<td>6255.300</td>
<td></td>
</tr>
</tbody>
</table>

Price: $40 res. $50 non-res.

Location: Coralville Youth Sports Park Diamond #1

**Deadline: Aug. 31**

N.L.C. Youth Volleyball

Learn the basics of volleyball and get a head start on junior high play. Participants will be given instruction on a variety of skills and will scrimmage each week. The junior division is for 3 & 4 grade. Senior division is for 5 & 6 grade. In addition to the games on Tuesdays, there will be practices on either Sundays or Mondays as determined by your child’s coach. Volunteer coaches are needed for this program.

**TUESDAY**

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sr. Volleyball</td>
<td>Sept. 1-Oct. 13</td>
<td>6:00-8:15 p.m.</td>
<td>6600.300</td>
</tr>
<tr>
<td>Jr. Volleyball</td>
<td>Sept. 1-Oct. 13</td>
<td>6:00-8:15 p.m.</td>
<td>6600.301</td>
</tr>
</tbody>
</table>

Price: $43 res. $53.75 non-res.

Location: Scrimmages held at the Green State Fieldhouse or at the North Liberty Recreation Center

**Deadline: Aug. 25**

N.L.C. Basketball

This recreational league is organized for kids to learn the basic basketball fundamentals and to have fun. 1st/2nd grade teams will have practice before scheduled games while 3rd-6th grade teams will have a practice on an alternate day of the week TBD. Scores are not kept. Games are played at the Coralville Recreation Center, North Liberty Recreation Center, Buford Garner Elementary School, James Van Allen Elementary School and North Bend Elementary. Teams will be assigned based on the school they attend. An organized practice day is scheduled for Jan. 9 at a location TBD. Games will start on Jan. 16.

**SATURDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>GRADE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 9 - Feb. 27</td>
<td>1/2 Boys</td>
<td>9:00-3:00 p.m.</td>
<td>6050.300</td>
</tr>
<tr>
<td></td>
<td>1/2 Girls</td>
<td>9:00-3:00 p.m.</td>
<td>6050.301</td>
</tr>
<tr>
<td></td>
<td>3/4 Boys</td>
<td>9:00-3:00 p.m.</td>
<td>6050.302</td>
</tr>
<tr>
<td></td>
<td>3/4 Girls</td>
<td>9:00-3:00 p.m.</td>
<td>6050.303</td>
</tr>
<tr>
<td></td>
<td>5/6 Boys</td>
<td>9:00-3:00 p.m.</td>
<td>6050.304</td>
</tr>
<tr>
<td></td>
<td>5/6 Girls</td>
<td>9:00-3:00 p.m.</td>
<td>6050.305</td>
</tr>
</tbody>
</table>

Price: $45 res. $56.25 non-res.

**Deadline: Dec. 6**

N.L.C. Youth Flag Football

This instructional league is for both boys and girls (1-6 grade). It will emphasize skill development, sportsmanship, total participation and fun. Teams will be formed in North Liberty and Coralville. If your son/daughter is registered in Coralville, they will be placed on a Coralville team. If your son/daughter is signed up through the North Liberty Recreation Center, they will be placed on a North Liberty team. All Coralville participants are placed on teams by school. If there are not enough kids signed up to make a full roster or too many kids registered from that particular school, they will be assigned with another school. There will be one day out of the week for practices (location and time will be chosen by your child’s coach). Volunteer coaches are needed for this program.

**SUNDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>GRADE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 6 - Oct. 18</td>
<td>1-2</td>
<td>6250.300</td>
<td></td>
</tr>
<tr>
<td>Sept. 6 - Oct. 18</td>
<td>3-4</td>
<td>6250.301</td>
<td></td>
</tr>
<tr>
<td>Sept. 6 - Oct. 18</td>
<td>5-6</td>
<td>6250.302</td>
<td></td>
</tr>
</tbody>
</table>

Price: $65 res. $81.25 non-res.

Location: Coralville Youth Sports Park

**Note:** Sunday, Sept. 6 will be a designated practice day

**Deadline: Aug. 26**

Youth Lacrosse Clinic

Lacrosse is one of the oldest team sports in America, started on the East Coast by the Native Americans in the 12th century. Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast paced, high scoring game. Participants will get an introduction to how the game is played and the equipment used.

**SUNDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 13</td>
<td>10:00-11:30 a.m.</td>
<td>6065.300</td>
</tr>
</tbody>
</table>

Price: FREE

Grade: 2-5

Location: Coralville Youth Sports Park

**Deadline: Sept. 10**

Intro to Youth Lacrosse

Our Intro to Lacrosse program is open to boys and girls in 2-5 grade. Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast paced, high scoring game. Participants will learn the fundamentals of stick handling, cradling, passing, and shooting, all in a fun, non-checking environment.

**SUNDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 20 - Oct. 25</td>
<td>1:00-2:00 p.m.</td>
<td>6070.300</td>
</tr>
</tbody>
</table>

Price: $30 res. $37.50 non-res.

Grade: 2-5

Location: Coralville Youth Sports Park

**Deadline: Sept. 13**
ADULT SPORTS

Fall Softball League
If you missed summer softball or just don’t want the season to end, then our fall league is for you. Teams will be guaranteed 8 games. If schedule allows there will be double-headers.

TUESDAY/WEDNESDAY/THURSDAY

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>DAY</th>
<th>CLASS #</th>
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<td>Mens C,D,E</td>
<td>Tuesday</td>
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<td>Coed D</td>
<td>Wednesday</td>
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<td>Men’s D</td>
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<td>Men’s D</td>
<td>Thursday</td>
<td>6500.304</td>
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<td>Coed D</td>
<td>Thursday</td>
<td>6500.305</td>
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Price: $310
Note: A $6 non-resident fee applies to each non-Coralville resident team member
Location: Coralville Creekside Ballpark
Deadline: Aug. 26 (If space is available)

Flag Football League
Games will be played at the Coralville Youth Sports Park. Teams will play a seven week schedule with a single elimination end of season tournament. Games are played 5 vs. 5.

WEDNESDAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 9 – Oct. 28</td>
<td>6:00-10:00 p.m.</td>
<td>6505.300</td>
</tr>
</tbody>
</table>

Price: $270 team, plus a $6 non-res. player fee
Location: Coralville Youth Sports Park (2480 Dempster Dr.)
Note: Mandatory Manager’s Meeting – Wednesday, Sept. 2, 6:00 p.m. at the Coralville Recreation Center.
Deadline: Aug. 26 (If space is available)

Basketball League
Join our recreational basketball leagues that play 5 on 5. All leagues are self-officiated. Teams will play an eight week schedule with an end of season tournament.

THURSDAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Sept. 17 – Nov. 19</td>
<td>6:00-9:00 p.m.</td>
<td>6350.300</td>
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</tbody>
</table>

Price: $110 per team, plus a $6 per player non-res. player fee
Location: Games will be played at the Green State Fieldhouse
Note: The league is open to the first 12 teams
Deadline: Sept. 6

Coed Volleyball Leagues
Come bump, set & spike this fall. We will have a competitive “A” league and a recreational “B” league. Grab some co-workers and stay in shape through the winter. The league will consist of 8 weeks of league play with a single elimination end of season tournament. 6:00-9:00 P.M.

<table>
<thead>
<tr>
<th>DATE</th>
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</thead>
<tbody>
<tr>
<td>Sept. 15 – Nov. 17</td>
<td>Tues.</td>
<td>Recreational</td>
<td>6370.300</td>
</tr>
<tr>
<td>Sept. 16 – Nov. 18</td>
<td>Wed.</td>
<td>Competitive</td>
<td>6370.301</td>
</tr>
</tbody>
</table>

Price: $110 per team, plus a $6 per player non-res. player fee
Location: Tuesday – Green State Fieldhouse
          Wednesday – Coralville Recreation Center
Deadline: Sept. 6

Coed Kickball
For all adults out there that need to relive those elementary school playground years or for those of you that still can’t let go of those childhood memories of being king of the kickball field, here is your opportunity. Join the Coralville Parks and Recreation Department’s adult Co-Rec Kickball League! Participants must be 18 years or older to play. At least 10 people must be on a team. Space is limited so don’t wait. You won’t want to miss this exciting opportunity to act like a kid again!

THURSDAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 3 – Oct. 22</td>
<td>6:00-10:00 p.m.</td>
<td>6750.300</td>
</tr>
</tbody>
</table>

Price: $160, plus $6 for every non-resident on the team roster
Location: Coralville Creekside Ballpark
Deadline: Aug. 26
Tiny Tigers Taekwondo

This program, designed for children ages 3 through 6, teaches basic character qualities, improves motor skills, enhances their ability to pay attention and follow instructions, and teaches them how to stay safe. Classes are fun, exciting, and safe.

**TUESDAY/THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.300</td>
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<tr>
<td>Oct.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.301</td>
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<tr>
<td>Nov.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.302</td>
</tr>
<tr>
<td>Dec.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.303</td>
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</tbody>
</table>

Note: $40 res. $50 non-res.  
Age: 3-6

ATA Taekwondo Basics

Students will be instructed in the basic fundamentals of taekwondo by 4th Degree Black Belt Andrew Hurlbut and 3rd Degree Black Belt Curt Long. This class is a great introduction to the sport of taekwondo and will help you lay a solid foundation on which to begin your journey towards Black Belt. Ages 7 and up.

**TUESDAY/THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
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<tr>
<td>Sept.</td>
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<tr>
<td>Dec.</td>
<td>6:00-6:55 p.m.</td>
<td>7010.303</td>
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</table>

Note: $40 res. $50 non-res.  
$45 uniform - required  
Age: 7-adult

Advanced ATA Taekwondo

Students who have advanced to the level of Camo belt and above will learn traditional taekwondo forms, sparring, and board breaking. Prepare to challenge yourself and push to the next level as you work towards your Black Belt - and beyond!

**TUESDAY/THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Sept.</td>
<td>7:00-7:55 p.m.</td>
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<tr>
<td>Oct.</td>
<td>7:00-7:55 p.m.</td>
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<td>Nov.</td>
<td>7:00-7:55 p.m.</td>
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<tr>
<td>Dec.</td>
<td>7:00-7:55 p.m.</td>
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</table>

Note: $40 res. $50 non-res.  
$45 uniform - required  
Age: 7-adult

Coralville Parks and Recreation has partnered with Anderson’s ATA Taekwondo to provide taekwondo classes for beginners through experienced students. Classes are taught by 4th Degree Black Belt Andrew Hurlbut. Mr. Hurlbut is a certified ATA instructor and a graduate of Anderson’s Leadership Program. For more information, visit www.andersonatataekwondo.com.
DAILY ADMISSION:
$4 per person. Anyone age 2 years and above entering the pool area will be charged a daily admission fee, regardless of their intent to swim. Persons leaving the pool area will be required to re-pay the daily admission fee unless pre-approved by the front desk staff.

SUPERVISION:
Parents or responsible adult(s) age 16 and above must accompany and actively supervise children in the pool until the child is nine (9) years of age. Lifeguards reserve the right to evaluate children for swimming ability when using deep water.

INDOOR POOL HOURS:
A calendar is provided each month representing the available lap swim and open swim. The calendar is available at the front desk of the Recreation Center or online at www.coralville.org (under Parks and Recreation Facilities) Call 248-1750 for specific availability.

LOCKERS AVAILABLE:
We recommend using our daily use lockers for only 25 cents to protect your valuables. We also have lockers available for rent. Lockers can be rented on a long-term basis for $7.50 for 3 months, $15 for six months or $30 for one year.

PARTNERSHIP:
We are proud to operate the Coralville indoor pool in partnership with the Iowa City Community School District. It is a shared use pool and we are host to physical education classes, adapted PE classes, and district swim teams. Please pick up a monthly calendar for the community open and lap swim times.

DIAPERS:
In an effort to ensure the safety and cleanliness of our swimming pool environment, anyone that requires the use of a diaper, MUST wear an appropriate swimming diaper. There are “Swim Diapers” for sale at the front desk of the recreation center and the concession stand at the aquatic center.

FLOTATION DEVICES AND TOYS:
Patrons may bring their own toys to enjoy at the pool. Flotation devices such as rafts may be used if they are small enough to hold only one person. The guards reserve the right to clear the pool of all flotation devices when it inhibits their view and remove toys for the safety of other patrons. Flotation devices are allowed in the shallow end and 4-5 ft. area. Please note that hard balls and squirt guns are not allowed.
CORALVILLE SWIM PASS(S)
Coralville Parks and Recreation Swim pass, allows you admittance to BOTH the Coralville Indoor Pool and Coralville Community Aquatic Center. Pass prices are based on the number of pass holders in the household. No more than two (2) adults allowed per household. Passes must be purchased for children age 24 months through 18 years of age that are related to one or both the household adults by blood, marriage, adoption, foster care placement, or legal guardianship. All pass holders must reside in the same household address.

PASS HOLDERS
Please be aware that open and lap swim hours may be limited at various times throughout the year due to swim programs/activities and school use. A monthly calendar is posted each month.

PUNCH CARDS
• All punch cards will expire 2 years from date of purchase
• Aquatic Center punch cards may be purchased at the Aquatic Center, all others must be purchased at the Recreation Center

FAMILY SWIM NIGHT
Swim as a family at the Coralville Indoor Pool on Friday nights from 6:30 pm.–8:50 p.m. for only $12 per family! This is a great time for your family to enjoy playing together and meeting other families and getting exercise! Please note a family consists of parents/legal guardians (no more than 2

Iowa City School District Swim Meets
West High Girls Swim Team
Swim meets will be Oct. 24
West High Boys Swim Team
Swim meets will be Dec. 1, Dec. 8, Dec. 22, Jan. 5, Jan. 19
Jr. High Boys Swim Team
Swim meet will be Jan. 7, Jan. 14

LAP SWIM:
We are continuing Coralville only/current pass holders/current punch cards for Lap swim. First come first serve, we are NOT taking reservations.

PASSES:
We are not selling NEW passes at this time; we will allow renewals of current pass holders. Current pass holders: We will extend Aug. – Nov. (3 months)

SPA:
Will be open: 2 patrons MAX

WADING POOL:
Will be open with a limit of 4 people.

LOCKER ROOM/LOCKERS:
Lockers: open
Lockers: closed

MASKS:
Required to enter the building, BUT when patron reaches pool deck/locker rooms they are not required.
Mask are NOT allowed while in the water

CHAIRS, TABLES, BLEACHERS:
Tables and chairs will not be available:
We will continue to have chairs in the deep end for lap swimmer items.
Bleachers will not be fully open at this time.

OPEN SWIMS/FAMILY SWIM:
Patrons are to self-monitor their social distancing
Lap lanes: Patrons will self-monitor their social distancing while using the lap lanes. Lanes are first come first serve.
Infant, Toddler, Preschool (ITP)

Infant and Toddler Courses

Parents and children learn together to increase a child’s comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and help introduce water safety concepts, encouraging a healthy recreational habit that your entire family can enjoy.

Infant Course (6-18 months)

- Learn to ask for permission before entering the water.
- Learn how to enter and exit the water in a safe manner.
- Feel comfortable in the water.
- Explore submerging to the mouth, nose and eyes and fully submerging.
- Explore buoyancy on the front and back position.
- Change body position in the water.
- Learn how to play safely.
- Experience wearing a U.S. Coast Guard-approved life jacket.
- Plus age-appropriate water safety topics.

Toddler Course (19-36 months)

- Establish expectation for adult supervision.
- Learn how to enter and exit the water in a safe manner.
- Explore submerging in a rhythmic pattern.
- Glide on the front and back with assistance.
- Perform combined stroke on front and back with assistance.
- Change body position in the water.
- Experience wearing a U.S. Coast Guard-approved life jacket.
- Plus age-appropriate water safety topics.

Preschool Aquatics (3-4 year old)

Throughout the three levels, preschool-age children are taught basic aquatic safety and swimming skills, all while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoying social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it’s safety first. Parents are not allowed in the water during class time but may sit near the class area for the child’s comfort and security. **Children should be comfortable in a group learning situation and be able to stand alone in 2’8” depth of water.** We strive for a ratio of 1 instructor per 4 students. Upon successful completion of all three levels of Preschool Aquatics and the child has reached the age of 5, they can enter Red Cross Level 2 or 3. Please note RC Level 3 will be taught in 3’5” of water and deeper.

**PRESCHOOL I** Orients children to the aquatic environment and helps them gain basic aquatic skills. Skills may be performed with support.

- Enter water using ramp, steps or side
- Exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Submerge mouth, nose, and eyes
- Open eyes under water and retrieve submerged objects
- Front glide (2 body lengths) and recover to a vertical position
- Back glide (2 body lengths) and recover to a vertical position
- Back float (3 seconds)
- Roll from front to back and back to front
- Tread with arm and hand actions (chest deep water)
- Alternating and simultaneous arm and leg actions on front (2 body lengths)
- Alternating and simultaneous arm and leg actions on back (2 body lengths)
- Combined arm and leg actions on front and back (2 body lengths)
- Plus age-appropriate water safety topics

**PRESCHOOL II** Helps children gain greater independence in their skills and develop more comfort in and around water. Skills may be performed with assistance.

- Enter water by stepping in from a deck or low height
- Exit water using ladder, steps or side
- Bobbing, 5 times
- Open eyes under water and retrieve submerged objects
- Front glide (2 body lengths) and Front float (3 seconds)
- Back glide (2 body lengths) and Back float (5 seconds)
- Roll from front to back and back to front
- Tread water using arm and leg actions (15 seconds) in shoulder deep water
- Combined arm and leg actions on front and back (3 body lengths)
- Finning arm action on back (3 body lengths)
- Plus age-appropriate water safety topics

**PRESCHOOL III** Helps children start to gain basic swimming propulsive skills to be comfortable in and around water. Skills are performed independently.

- Enter water by jumping in should deep water
- Fully submerge and hold breath (10 seconds)
- Bobbing (10 times)
- Rotary breathing, (5 times)
- Front, jellyfish and tuck floats (10 seconds)
- Back float (15 seconds); Back glide (3 body lengths)
- Change direction of travel while swimming on front or back
- Tread water (30 seconds)
- Combined arm and leg actions on front and back (5 body lengths)
- Finning arm action on back (5 body lengths)
- Plus age-appropriate water safety topics
ITP Lessons

OCT. 26 – NOV. 18 MONDAY & WEDNESDAY

<table>
<thead>
<tr>
<th>TIME</th>
<th>CLASS</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30-6:00 p.m.</td>
<td>Infant</td>
<td>1800.300</td>
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<tr>
<td></td>
<td>PS I</td>
<td>1900.300</td>
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<tr>
<td></td>
<td>PS II</td>
<td>1950.300</td>
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<tr>
<td>6:05-6:35 p.m.</td>
<td>Toddler</td>
<td>1850.300</td>
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<tr>
<td></td>
<td>PS I</td>
<td>1901.300</td>
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<tr>
<td></td>
<td>PS III</td>
<td>1975.300</td>
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</table>

Price: $28.50 res. $35.50 non-res.
Note: 6 classes at 30 minutes

Red Cross Lessons

OCT. 26 – NOV. 18 MONDAY & WEDNESDAY

<table>
<thead>
<tr>
<th>TIME</th>
<th>CLASS</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:40-7:10 p.m.</td>
<td>Level 1</td>
<td>1100.310</td>
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<tr>
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<td>Level 2</td>
<td>1200.310</td>
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<tr>
<td></td>
<td>Level 3</td>
<td>1300.310</td>
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<tr>
<td>7:15-7:45 p.m.</td>
<td>Level 1</td>
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<tr>
<td></td>
<td>Level 2</td>
<td>1201.310</td>
</tr>
<tr>
<td></td>
<td>Level 3</td>
<td>1301.310</td>
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</tbody>
</table>

Price: $28.50 res. $35.50 non-res.
Note: 6 classes at 30 minutes

Parents MUST BE in the water with child and should maintain social distancing from other family units
• NO Spectators on deck during lessons
• Masks must be worn to the locker rooms, or pool deck, but NOT in water
• Instructor will teach with social distancing in place, will not be wearing a mask
Red Cross Swim Lessons

Red Cross Swim Lessons: Must be 5 years of age or older to sign up for Red Cross lessons. Students should have successfully completed or be able to perform the skills in the preceding level/course. If undecided, ask our front desk staff to help you determine the appropriate level.

• **PARENTS:** PLEASE KEEP YOUR CHILD’S END OF LESSON REPORTS TO GUIDE YOU FOR YOUR NEXT SWIM LESSON ENROLLMENT.

• Please read the descriptions below to help place your student in the appropriate level. It is very helpful to the student, staff, and other class mates if you strive to place your student in the appropriate level the first time. The lesson staff will be evaluating the students on the first day of lessons. If the need arises to transfer a student, we will try to accommodate by moving the student to the appropriate level, if room allows it.

• **REGISTRATIONS:** In order to give everyone a chance to participate in swim lessons we allow only one registration or wait list registration at a time. You may sign up for the next available class at the completion of your current session.

Red Cross Level Descriptions

Please be advised it may take multiple sessions for your child to move on. Each level has very specific skills that must be mastered in order to move to the next level. To help your child we encourage you to visit the pool during open swim and let your child practice what they have learned.

Listed below are the skills for each level. The lesson staff will be testing on the first day. They will assess your child’s ability and determine if the child is in the appropriate level. If the need arises, we will try to accommodate by moving the participant to the appropriate level, if room allows it.

**Level 1 – Introduction to Water Skills**
- Enter and Exit water using ramp, steps or side
- Blow bubbles through mouth and nose (3 seconds)
- Bobbing (5 times)
- Open eyes under water and retrieve submerged objects (2 times)
- Front and back glide (2 body lengths)
- Roll from front to back and back to front
- Tread water using arm and hand actions (chest deep water)
- Alternating and simultaneous arm and leg actions on front and back (2 body lengths)
- Combined arm and leg actions on front and back (2 body lengths)

**Level 2—Fundamental Aquatic Skills**
- Enter water by stepping or jumping from the side
- Exit water using ladder, steps, or side
- Fully submerge and hold breath (10 seconds)
- Bobbing (10 times)
- Open eyes under water and retrieve submerged objects (3 times)
- Rotary breathing (5 times)
- Front glide (3 body lengths), Front float (10 seconds)
- Back glide (2 body lengths), Back float (15 seconds)
- Roll from front to back and back to front
- Tread water (15 seconds)
- Combined arm and leg actions on front and back (5 body lengths)
- Finning arm action (5 body lengths)

**Level 3—Stroke Development**
- Enter water by jumping from the side, fully submerge then recover to the surface and return to the side
- Headfirst entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety (15 times)
- Rotary breathing (15 times)
- Survival float (30 seconds) Back Float (1 minute)
- Change from vertical to horizontal position on front and back
- Tread water (1 minute)
- Push off and flutter kick (5 body lengths)
- Push off and begin dolphin kick
- Front crawl (25 yards)
- Breaststroke kick (15 yards)
- Elementary backstroke (15 yards)
- Scissors kick (15 yards)

**Level 4—Stroke Improvement**
- Headfirst entries from the side in compact and stride positions
- Swim under water (5 body lengths)
- Feet first surface dive
- Survival swimming (1 minute)
- Open turns using front crawl and backstroke
- Tread water using 2 different kicks (2 minutes)
- Front crawl (25 yards), breaststroke (15 yards), butterfly (15 yards)
- Flutter and dolphin kicks on back (5 body lengths)
- Elementary backstroke (25 yards) Back crawl (15 yards) Sidestroke (15 yards)

**Level 5—Stroke Refinement**
- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Tread water with arms and legs (5 minutes)
- Tread water legs only (2 minutes)
- Front crawl (50 yards) Breaststroke (25 yards) Butterfly (25 yards)
- Elementary backstroke (50 yards) Back crawl (25 yards)
- Sculling (30 seconds)
- Sidestroke (25 yards)

**Level 6—Swimming and Skill Proficiency**
All options include the following skills:
- 100 yards each: Front Crawl; Elementary backstroke
- 50 yards each: Back crawl; Breaststroke; Sidestroke; Butterfly
- Turns: Front open; Backstroke open; Front flip; Backstroke flip; Sidestroke; Butterfly; Breaststroke

**Specialty options:**
**Personal Water Safety (P)**
- HELP position (2 minutes) Huddle position (2 minutes)
- Feet first, Tuck, and Pike surface dives
- Back float (5 minutes) Survival float (5 minutes)
- Survival swimming (10 minutes)
- Tread water: legs only (2 minutes)
- Surface dive and retrieve object deep water

**Fundamentals of Diving (D)**
- Basic Stretching exercises, Body alignment and control
- Surface dives
- Diving from side of pool; Kneeling, Fall-in, Standing
- Diving from diving board; Kneeling, Fall-in, Standing
- Takeoff from deck; Pool side; Board
  - One and two part takeoffs
  - Tuck position
    - Forward jump and dive positions (side and board)
    - One and two part takeoffs
  - Pike position
    - Forward jump and dive positions (side and board)
    - One and two part takeoffs

**Fitness Swimmer (F)**
- Circle Swimming: Using pace clock
- Equipment (Pull Buoys, Fins, Paddles)
- Setting up exercise plans, training techniques, Heart rate
- Aquatic Exercise
- Surface dive and retrieve object deep water
Senior Exercise
Senior exercise promotes increased strength, flexibility, balance and coordination. Class is designed specifically for those who wish to ease their way into fitness as well as those who want to maintain their current fitness level.

**MONDAY/WEDNESDAY/FRIDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
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<tbody>
<tr>
<td>Year Round</td>
<td>9:30-10:15 a.m.</td>
</tr>
</tbody>
</table>

Price: Free

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Coffee & Crafts
Have that unfinished project in the closet or something new you want to try? Pack up those old or new projects, and join others with similar interests as you drink coffee & craft together. Come and go anytime. You will leave feeling inspired!

**1ST & 3RD THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>Year Round</td>
<td>9:30-11:30 a.m.</td>
</tr>
</tbody>
</table>

Price: Free
Location: North Ridge Pavilion
Altmaier Family Park & Disc Golf Course
3444 Deer Creek Road
• Disc Golf
• Bags Games
• Barnyard picnic area

Woodpecker Single Track Trail
Access from 719 Camp Cardinal Boulevard
• Six miles of single track trail
• Mountain bike skills course
• Walk or bike

Coralville Trail System
Enjoy over 45 miles of hard surface trails
www.coralville.org/trails

S.T. Morrison Park
1500 Block of 5th Street
• Playground
• Tennis Courts
• 2 Youth Ball Diamonds
• Sand Volleyball Court
• Home of the Recreation Center and Farmers’ Market
• Small and Large Shelters
• Fishing pond
• Aquatic Center

North Ridge Park
Holiday Road and South Ridge Drive
• North Ridge Pavilion
• Playground
• Small Shelters
• Trails
• Trail Hub
• Fishing pond

Dovetail Recreation Area
Oakdale Boulevard
• Multi-purpose athletic field
• Sand volleyball courts
• Recreation trail
• Fishing pond

Central Park
501 6th Street
• Small Picnic Shelter
• Butterfly garden
• Trail

Auburn Hills Park
Auburn Hills Drive
• Trails
• Playground
• Gym and Community Room (Kate Wickham Elementary)

Rotary Camp Park/ Clear Creek Greenway
Camp Cardinal Boulevard
• 300 acre nature preserve area
• Trail System
• Bird Blind - able to be reserved call Recreation Center
• Shelter

Kiddie Korral
8th Street and 12th Avenue
• Preschool Playground
• Small Picnic Shelter

M.A. Ewalt Park
Old Highway 6
• 10 acre water detention pond/fishing
• Future Trails
• Available for canoes and kayaks

Coralville Youth Sports Park
2480 Dempster Drive
• Playground
• Walking Trails
• Fishing Pond
• Bocce Courts
• 5 Baseball / Softball Diamonds
• 3 Soccer Fields
Shelters

Shelter Reservations are taken March 1 – Oct. 31 at the Coralville Recreation Center. Prices are based on size of group, residency and length of rental.

Shelter Rentals

Three shelters are able to be reserved – Hilltop & Fireside (S.T. Morrison Park), North Ridge (North Ridge Park). Shelters are reserved in four hour blocks – 10:00-2:00, 2:00-6:00, or 6:00-10:00.

Any amplified sound, commercial grills, or inflatables must be approved by the Recreation Superintendent prior to rental.

RESERVATION FEES

<table>
<thead>
<tr>
<th>GROUP SIZE</th>
<th>RES.</th>
<th>NON-RES.</th>
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<tbody>
<tr>
<td>1-25</td>
<td>$20</td>
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<tr>
<td>26-60</td>
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<td>61-100</td>
<td>$55</td>
<td>$68.75</td>
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<tr>
<td>100-150</td>
<td>$75</td>
<td>$93.75</td>
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<tr>
<td>151+</td>
<td>Determined by Recreation Superintendent</td>
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</tr>
</tbody>
</table>

Iowa Mountain Bike Festival

Saturday October 17
11:00 a.m. – 7:00 p.m.
Coralville Creekside Ballpark
3550 340th Street

Hosted by the Iowa Bicycle Coalition and the City of Coralville

This is an opportunity to try our single track, cyclocross course, and new flow trails.

Coralville Creekside Cross

This 2.6 mile cross course opened in August 2017 and is the first permanent cyclocross course in Johnson County. It is open to cyclocross biking, cross country running, and cross country skiing.

The course is open daily – dawn to dusk. If there has been excessive rain or other conditions to make the course soft, it may be closed for a day or more to allow it to dry out. Check the website (www.coralville.org/creeksidecross) for current status.

Altmaier Family Park and Disc Golf Course

The Altmaier Family Park and Disc Golf Course is our newest park in Coralville. This beautiful 18 hole course sits on a former family farm with picturesque views of western Coralville. At the farmyard in the park, play a game of bags or relax with a picnic after a game.

Address: 3444 Deer Creek Road
Hours: Monday – Friday 11:00 am.–Dusk
       Saturday – Sunday Dawn–Dusk
North Ridge Pavilion
2250 Holiday Road
The North Ridge Pavilion is a 1700 square foot, all season event venue. It is the perfect size for a company gathering, family reunion, wedding reception, or other function and can be easily accessed from Holiday Road. Seat up to 100 guests in the great room, prepare a meal in the kitchen, or have your event catered and relax as you take in a breath of fresh air on the veranda overlooking the park.

Facility Hours
Facility is available for rentals from 7:00 a.m.-11:00 p.m. Monday through Sunday. All guests and support personnel such as catering staff must exit the building and park by 11:00 p.m. Overnight rentals are not permitted at North Ridge Pavilion.

Reservations
Reservations are taken year round at the Coralville Recreation Center, 1506 8th Street, and can be made up to 18 months in advance of your event. Full rental fee and deposit are due at the time of reservation. An application fee of 1/3 the base fee is non-refundable in the event of a cancellation. Reservations must be made 10 days prior to date. Optional cleaning service is available for weekday (Monday-Thursday) rentals ending at 6:00 p.m. or later, and for weekend rentals ending at 11:00 p.m.

Seating Accommodations
Seat up to 100 guests with either (12) 5’ round tables or (12) 8’ rectangular tables.

Office Hours
The Pavilion is open Tuesdays 11:30 a.m.-1:30 p.m. and by appointment for general viewing unless otherwise booked for an event.

Rates:

<table>
<thead>
<tr>
<th></th>
<th>Resident/ Coralville business</th>
<th>Non-Resident/ Other business</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekday 4 hour block</td>
<td>$120</td>
<td>$135</td>
</tr>
<tr>
<td>Weekend 6 hour block</td>
<td>$180</td>
<td>$215</td>
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<tr>
<td>Weekend Entire Day</td>
<td>$280</td>
<td>$340</td>
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<tr>
<td>7:00 a.m.-11:00 p.m.</td>
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<tr>
<td>Johnson County Not-for-profit 2 hour rental (Monday-Thursday)</td>
<td>$25**</td>
<td></td>
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<tr>
<td>Holiday</td>
<td>$320</td>
<td>$400</td>
</tr>
<tr>
<td>Deposit</td>
<td>$300*</td>
<td>$300*</td>
</tr>
<tr>
<td>Optional Event Cleaning</td>
<td>$70</td>
<td>$70</td>
</tr>
</tbody>
</table>

*Paid by separate check or credit card (MC, VISA, DISCOVER, AMEX)
**Non-profits must provide proof of non-profit status to get a reduced rate (ex. 501(c)3)

Event Planning
Using North Ridge Pavilion for Profit
Groups or individuals using a Parks & Recreation Department facility to generate revenue will pay a higher rate.

- Person(s) reserving the facility to conduct fundraising activities for a non-profit organization or political candidate will pay two times the standard rate.
- Businesses, for profit organizations, or individuals conducting for profit activities will pay three times the standard rate.
- Fee may be waived or reduced by the Parks & Recreation Director if all net proceeds are donated to a non-profit organization(s) or an established Coralville charity event/fund.

Music is allowed inside the pavilion only.
AV equipment: 60” flat screen TV with VGA and USB inputs; DVD/CD player; small PA system suitable for speaking or background music with inputs for microphone(s) and iPod/mp3 player; overhead projector screen is available.

Decorations may be placed throughout the facility but must leave no marks or residue when removed.

The North Ridge Pavilion and its attached veranda is a smoke-free facility.

Alcohol, in the form of beer, wine, and wine cooler type drinks, is allowed at the facility if it is given away to those over 21 years of age. An alcohol permit of $25 is required. Selling alcohol is prohibited.

Youth Non-Profit Facility Use
The North Ridge Pavilion may be used by youth non profit organizations on Tuesday evenings. (Youth Non-Profit as defined by department policies). Each group may have no more than one free reservation per month. Additional rentals may be made by the group at the weekday non-profit rate. Check with the Recreation Center Supervisor for the time frames when requests can be made. A $25 deposit is required and can be kept filed with the department for up to one year.

Adult non-profits must provide proof of non-profit status to get a reduced rate (ex. 501(c)3).
2020 Green Fees

**Weekdays (Monday-Thursday)**
- 9 Holes $18
- 18 Holes $27
- Twilight Rates after 5 p.m.

**Weekends (Friday-Sunday)**
- 9 Holes (before noon) $27
- 9 Holes (after noon) $22
- 18 Holes $33
- Juniors after 3 p.m. $10
- Twilight Rates after 3 p.m.

**Cart Fees (per person)**
- 9 Holes $9
- 18 Holes $18

**Driving Range**
- Small $5
- Medium $8
- Large $13

**Play Packages**

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<tr>
<th>Receive</th>
<th>Buy</th>
<th>Free</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>$300</td>
<td>$45</td>
<td>$345</td>
<td>15% Free</td>
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<tr>
<td>$600</td>
<td>$120</td>
<td>$720</td>
<td>20% Free</td>
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</tbody>
</table>

Coralville residents also receive an extra $25 credit for purchasing a golf play package. Play Packages can be used for green fees, cart fees and range balls.

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**Fall rates coming in October**

**MONDAY - FRIDAY (ALL DAY)**
- Weekday Special for 18 Holes | $38 w/cart
- 9 Holes | $16 (walking), $25 w/cart
- Twilight rates begin at 4:00 p.m.

**WEEKENDS**
- $26 for 18 Holes | $45 w/cart
- $22 for 9 Holes | $31 w/cart
- Twilight rates after 4:00 p.m.

**Crazy 8 Golf Tournament**
Join us for this fun event. There will be an 8 inch cup and a regular cup on each green. This is a 4 person scramble with a 9:00 a.m. shotgun start. Contact the Pro Shop for more information or to register.

**SATURDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>PRICE</th>
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<tbody>
<tr>
<td>Oct. 17</td>
<td>9:00 a.m.</td>
<td>$200 per team</td>
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</table>

**Brown Deer Youth Golf Offerings**

**Youth Weekend Rates**
Brown Deer offers discounted fees to youth age 13 and under on weekends after 3:00 p.m. Cost is just $12 per junior if playing with a paid adult. Please contact the Pro Shop for additional information or to reserve your time.
CCPA Rental
The Coralville Center for the Performing Arts is available for performances, presentations, speakers, workshops and other uses. For available dates and information, call 319-248-9370 or coralvillearts@coralville.org.

Volunteer at CCPA
The Coralville Center for the Performing Arts is always looking for some friendly faces to join our volunteer team. Volunteers help provide CCPA patrons with a memorable theater-going experience, whether assisting behind the scenes or working directly with audience members. Areas for volunteering include:
- Box office assistance
- Event promotions through poster and flyer distribution
- Fundraising and special event teams
- Merchandise sales
- Technical staff assistance to help create theatrical magic
- Welcoming and ushering patrons

To find out more about volunteering, call 319-248-9372 or email nmayfield@coralville.org.

Box Office
The CCPA box office is located in the Center's main lobby at 1301 5th Street. Box office hours are:
Wednesday - Friday 11:00 a.m.-4:00 p.m.
One hour prior to ticketed events.

The box office phone is 319-248-9370. Tickets are available 24 hours a day at www.coralvillearts.org.
Online Registrations
You can register for many of our programs online at www.coralville.org, 24 hours a day. Follow the directions provided by Active.com, our online service, step by step as it walks you through class registrations. You will receive e-mail confirmation of your enrollment when it is complete.

Due to the popularity of programs such as Preschool and Levels 1-6 swim lessons, or programs which require adult signatures or team rosters to participate, those programs will not be offered online for registration.

Scholarship Assistance
Participant scholarships are made available to Coralville resident youth for instructional programs by service clubs and area businesses. Families are asked to pay 25% of the program’s cost. The remainder of the program cost is covered by the scholarship. Inquire at the front desk for scholarship guidelines.

Accommodations for Disabilities
Many of our programs can accommodate persons with disabilities. If you need special accommodation, please contact us at least 48 hours prior to the start of the program.

Gyms
- TGIF Volleyball  l  Friday, 6:15-8:45 p.m. Open play - rotate in.
- Full Court Basketball Big Gym. Two cross-court or full-court play allowed. Monday  l  6:30-8:45 p.m.
- Pickleball  l  Check gym calendar for designated times to play
- Mini Gym Rentals available Sunday 4:00-7:00 p.m., two times per month for a one hour time slot. Must reserve by team name and coach’s name.
- Organized practices outside of CRC programs are not permitted during open gym time.
- Gym calendars are provided at the front desk or on our website for our open gym schedule.

Open Gym Policy
Our open gym policy is designed to offer open gym time without structured team practices. The gym is available to everyone for shooting baskets and other gym type activities. During this time, half-court games are encouraged. One cross-court game is allowed, but two cross-court games or full-court games are allowed only during specified times (see schedule above). Team practices are not allowed during open gym times.

Shirt Policy
Shirts are required to participate in recreation center activities with the exception of the aquatic area. “Skins” play is not allowed—shirts are required. Bring light and dark shirts for team distinction.

Racquetball/Wallyball Court
Call 319-248-1750 to make a reservation. (Up to 1 week in advance)
Court fee  l  $5 per hour
Equipment Rental  l  $.25 for each piece

Exercise Room
Stationary and recumbent bike, stair climber, treadmills, elliptical, and Precor strength training system. Maximum of eight (8) patrons in the Exercise Room at one time. 30 minute time limit on each piece of equipment.
Drop-In $2  l   10 & 20 Punch Cards and 3, 6, and 12 month Passes available

City Services
When you stop in to swim, play basketball, or register for a program, you can also purchase these items at the Recreation Center.
31 Day Bus Pass  l  $32
20 Ride Bus Pass  l  $20
Garbage Single Ties  l  $3
Registration Information

- In order to plan properly for the classes, all enrollments should be made a minimum of 48 hours in advance of the start of the program. The staff reserves the right to close registration within this 48 hour time period or after noted program deadline or to alter the program offered if in the best interest of the participants. Classes which do not meet sufficient enrollment may be postponed or cancelled. If a program is cancelled, participants will be contacted 48 hours in advance.
- By applying for these recreation programs, each resident realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicants hold the City of Coralville harmless for any damage caused by participation in these programs. The City provides no medical insurance. Participants registering for activities of strenuous nature are encouraged to seek physician’s approval.
- Registrants and participants permit the taking of photos and video of themselves and their children during city sponsored activities for publication and use, as the Department deems appropriate.
- To encourage first time participation, as well as repeated participation, the Coralville Parks and Recreation Department has a refund policy highlighted by a satisfaction guarantee. The policy covers all programs, activities, and services. It is our desire to provide quality services and exceed customer expectations. This policy does not apply to application fees which are required for facility usage, advanced training courses, and care programs.
- Credits are good for one year from date of issue.

<table>
<thead>
<tr>
<th>Activity No.</th>
<th>Participant’s Name</th>
<th>Birthdate</th>
<th>T-shirt size</th>
<th>Activity Name</th>
<th>Price</th>
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Visa/MasterCard/Discover/American Express will be accepted for payment of recreation fees and passes.

<table>
<thead>
<tr>
<th>TYPE</th>
<th>CARD NUMBER</th>
<th>Bearer’s Name</th>
<th>Expiration Date</th>
</tr>
</thead>
</table>

Do you need a special accommodation due to a disability to participate?  □ Yes  □ No
3 Digit Code____________

Are you interested in coaching?  □ Yes  □ No
Coach’s T-shirt size____________