Coralville Parks & Recreation

Coralville Recreation Center
1506 8th Street, Coralville

HOURS
Monday - Friday
9:00 a.m.-9:00 p.m.
Saturday
8:00 a.m.-7:00 p.m.
Sunday
1:00-5:00 p.m. (Oct. – Apr.)

TELEPHONE: 319-248-1750
FAX: 319-248-1899
CANCELLATION HOTLINE: 319-248-1763
WEBSITE: www.coralville.org
RELAY IOWA SERVICE: Call 711 for text and voice

Class Locations
All classes are held at the Coralville Recreation Center or S.T. Morrison Park unless otherwise noted under the class description.

3 Easy Ways to Register

<table>
<thead>
<tr>
<th>Registration Method</th>
<th>Date You Can Begin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Online for some programs at <a href="http://www.coralville.org">www.coralville.org</a></td>
<td>Sat., Dec. 12, 8:00 a.m.</td>
</tr>
<tr>
<td>Master Card, Visa, Discover, American Express</td>
<td></td>
</tr>
<tr>
<td>In Person at Coralville Recreation Center</td>
<td>Sat., Dec. 12, 8:00 a.m.</td>
</tr>
<tr>
<td>Cash, Check, or Master Card, Visa, or Discover</td>
<td></td>
</tr>
<tr>
<td>Phone at 319-248-1750</td>
<td>Sat., Dec. 12, 12:00 p.m.</td>
</tr>
<tr>
<td>Master Card, Visa or Discover</td>
<td></td>
</tr>
<tr>
<td>Mail to 1506 8th Street Coralville, IA 52241</td>
<td>Mon., Dec. 14, 9:00 a.m.</td>
</tr>
<tr>
<td>Check, Master Card, Visa or Discover</td>
<td>(will begin entering mailed registrations)</td>
</tr>
</tbody>
</table>

All dates and operational procedures are subject to change due to the COVID-19 Pandemic.

Parks & Recreation Commission
The Parks and Recreation Commission is a volunteer board, which reviews and recommends policies, rules, and budgets relating to parks, playgrounds, and recreation programs. They meet on the third Monday of each month at 7:00 p.m. Agenda, minutes, and meeting locations are posted on our website at www.coralville.org.

Fred Fevold, Chair 319-325-8234
Marti Mount 319-331-2398
Alex Taylor 319-321-7616
Kyle McEvilly 815-715-0824
Dhuha Tawil 319-491-5929
Jill Dodds, Council Representative 319-351-2396
Bike Helmets for Sale

The Coralville Parks and Recreation Department, in cooperation with Safe Kids Johnson County and Bell Sports, is selling bike helmets for toddlers, children and adults again this year. Several styles and colors are available. Helmets are now on sale and will remain on sale as long as supplies last. Each helmet is priced at $12 and may be purchased at the front desk.

Special Event Application

The City of Coralville and the Parks & Recreation Department can assist you in hosting a special event in city parks or on other city property. Please visit www.coralville.org/289/Parks-Division to find the application. Applications are required for the use of public and/or park property, which includes city streets & trails.

Snow Day Selfie Contest

When Mother Nature delivers loads of snow, bundle up, head outside and take a Snow Day Selfie. Show us how you make the best use of your #snowdays! We want to see you participating in your favorite way to spend a winter day. Send your name and picture to eeichhorn@coralville.org to enter in the Snow Day Selfie Contest. Pictures will be posted to our social media and prizes will be awarded to the top three most creative photos! Contest timeframe will be from Dec. 10, 2020 – Feb. 28, 2021.
for the kids

PRESCHOOL ACTIVITIES

STEM Adventures

Join us as we dive into an adventure in science, technology, engineering and mathematics through activities your student will love. Slimy polymers, erupting chemistry and spooky science — our classes are hands-on, engaging and fun! As a student-led environment your student will have a chance to guide their own learning and obtain new skills in STEM through LEGO builds, circuitry, coding, art and science activities and challenges. STEM Adventures has new activities and themes each week.

SATURDAY 1:30-3:30 P.M.

<table>
<thead>
<tr>
<th>DATE</th>
<th>PRICE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 9, 16 &amp; 23</td>
<td>$39 res. $48.75 non-res.</td>
<td>5540.100</td>
</tr>
<tr>
<td>Feb. 13, 20 &amp; 27</td>
<td>$39 res. $48.75 non-res.</td>
<td>5540.101</td>
</tr>
<tr>
<td>Mar. 20 &amp; 27</td>
<td>$26 res. $32.50 non-res.</td>
<td>5540.102</td>
</tr>
<tr>
<td>Apr. 10, 17, &amp; 24</td>
<td>$39 res. $48.75 non-res.</td>
<td>5540.103</td>
</tr>
<tr>
<td>May 8</td>
<td>$13 res. $16.25 non-res.</td>
<td>5540.104</td>
</tr>
</tbody>
</table>

Age: 5-12
Deadline: One week prior to the start of the class
Babysitter’s Course (Red Cross)
The Red Cross Babysitter’s Course will provide participants with knowledge and skills to safely and responsibly care for infants and children. Participants will learn how to build a babysitting business, develop leadership skills, and how to keep themselves and others safe. They will also learn some basic first aid and CPR. Each participant will receive a babysitting training set which includes a manual, a pocket emergency reference guide, and a cd rom with helpful resources. It’s a great way to say, “Let me babysit for you.”

**SATURDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Apr. 10</td>
<td>9:00 a.m.-4:00 p.m.</td>
<td>2400.100</td>
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</tbody>
</table>

Price: $55 res. $68.75 non-res.
Age: 11-15
Note: Bring a sack lunch, an afternoon snack, and comfortable clothes.
Deadline: Apr. 4

Slumber Party in a Box
Games, Crafts, and Unicorns... OH MY! Are you and your child looking for a little excitement on a winter weekend? Our Slumber Party in a Box will beat the winter blues with oodles of activities for a nighttime of crazy fun. Just pick up the box on Thursday, Jan. 14 or Friday, Jan. 15 at the Coralville Recreation Center and get those sleeping bags ready at home. One box per child is encouraged.

**DATE  CLASS #**

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>Jan. 16 – 17</td>
<td>5835.100</td>
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</table>

Price: $12 res. $15 non-res
Grade: 1-5
Deadline: Jan. 10
**General Info**

The goals of the N.L.C. Youth Sports Program and the Coralville Parks & Recreation Department is for children to learn the fundamentals of the sport and to have FUN! Please help us achieve these goals by reinforcing that:

A) Your child’s participation is important  
B) Having fun is a necessity  
C) Winning or losing a game does not determine success or failure.

When putting teams together there are three factors that go into it:

1. What school the child attends  
2. A request by a parent/child for one friend to be on the same team.  
3. Carpooling purposes to and from games and practices

*We reserve the right to close registration if optimal numbers are reached.*

**Volunteer Opportunities**

The Coralville Parks and Recreation Department utilizes volunteer coaches for all youth sports programs. As a volunteer, you will have the opportunity to broaden your knowledge of a specific sport and meet people within the community. To find out more information or to sign up for our next coaches’ training, please contact Erik Dinusson or Jordan Bleil at (319) 248-1750. Volunteer coached programs include:

- Youth Soccer  
- T-Ball  
- Basketball  
- Baseball & Softball  
- Flag Football  
- Volleyball

**I – Sport Group**

I stands for introduce me to a sport. Step up to the plate for a new exciting experience to the wonderful world of youth sports. This class is designed just for tots. The unit will include hockey, t-ball, soccer, flag football, and basketball.

**MONDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Mar. 1 – Apr.5</td>
<td>6:00-6:45 p.m.</td>
<td>6300.100</td>
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</tbody>
</table>

No class on March 15

Price: $28 res. $35 non-res.  
Age: 4-5  
Deadline: Feb. 22

**Pee Wee Games**

Pee Wee Games is designed for girls and boys age 4 and 5 years old. This program introduces your child to a variety of games and allows them to interact with other children their age. The program will emphasize socialization, fun and good sportsmanship. Each session will last for 45 minutes. Parents are encouraged to join in!

**MONDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Jan. 18 – Feb. 15</td>
<td>6:00-6:45 p.m.</td>
<td>6305.100</td>
</tr>
</tbody>
</table>

Price: $28 res. $35 non-res.  
Age: 4-5  
Deadline: Jan. 11
COVID-19 Procedures
This season all of our program participants will be required to wear a mask while participating. Both while actively playing and while on the sidelines. We will also require spectators to be masked at all times. We will limit the number of spectators to one per child. We need to limit the number of spectators to allow for proper social distancing.

Pee Wee Basketball
An introduction to the fundamentals of basketball: dribbling, passing, shooting, defense and sportsmanship. Children will learn basketball skills through group instruction, games and contests. Once players have an understanding of the game, informal mini-scrimmages will be played. Parents will be asked to coach and instruct teams. Teams will be divided up randomly or by one friend request. Volunteer coaches are needed.

TUESDAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>Jan. 12 – Feb. 23</td>
<td>6:00-7:00 p.m.</td>
<td>6060.100</td>
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<td>7:00-8:00 p.m.</td>
<td>6060.101</td>
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</table>

Price: $36 res. $45 non-res.
Age: 5-6
Location: Green State Field House
Deadline: Dec. 20

N.L.C. Basketball
The N.L.C. Recreational Basketball League is organized for kids to learn the basic basketball fundamentals and to have fun. 1st/2nd grade teams will have practice before scheduled games while 3rd-6th grade teams will have a practice on an alternate day of the week TBD. Scores of games are not kept. Games are played at the Coralville Recreation Center, North Liberty Recreation Center, Buford Garner Elementary School, James Van Allen Elementary School and North Bend Elementary. Teams will be assigned based on the school they attend. An organized practice day is scheduled for Jan. 9 at a location TBD. Games will start on Jan. 16.

SATURDAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>GRADE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 9 – Feb. 27</td>
<td>1/2 Boys</td>
<td>9:00-3:00 p.m.</td>
<td>6050.300</td>
</tr>
<tr>
<td></td>
<td>1/2 Girls</td>
<td>9:00-3:00 p.m.</td>
<td>6050.301</td>
</tr>
<tr>
<td></td>
<td>3/4 Boys</td>
<td>9:00-3:00 p.m.</td>
<td>6050.302</td>
</tr>
<tr>
<td></td>
<td>3/4 Girls</td>
<td>9:00-3:00 p.m.</td>
<td>6050.303</td>
</tr>
<tr>
<td></td>
<td>5/6 Boys</td>
<td>9:00-3:00 p.m.</td>
<td>6050.304</td>
</tr>
<tr>
<td></td>
<td>5/6 Girls</td>
<td>9:00-3:00 p.m.</td>
<td>6050.305</td>
</tr>
</tbody>
</table>

Price: $45 res. $56.25 non-res.
Deadline: Call for availability

Tiny Tot Soccer
Tiny Tot Soccer will emphasize socialization, fun and good sportsmanship. The season will have 6 scheduled practices/scrimmages. Each team will play for 45 minutes; the first 25 minutes will be used to teach skills and the last 20 minutes will be spent playing a scrimmage. Each child will receive a team t-shirt. Volunteer coaches are needed.

5:45-6:30 P.M.

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>AGE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr. 5 – May 10</td>
<td>Mon.</td>
<td>3-4</td>
<td>6000.100</td>
</tr>
<tr>
<td>Apr. 6 – May 11</td>
<td>Tues.</td>
<td>5-6</td>
<td>6000.101</td>
</tr>
<tr>
<td>Apr. 7 – May 12</td>
<td>Wed.</td>
<td>5-6</td>
<td>6000.102</td>
</tr>
<tr>
<td>Apr. 8 – May 13</td>
<td>Thurs.</td>
<td>3-4</td>
<td>6000.103</td>
</tr>
</tbody>
</table>

Price: $39 res. $48.75 non-res.
Location: Coralville Youth Sports Park
Deadline: Coralville Youth Sports Park

KIXX Youth Soccer
Our youth soccer league is designed to provide an opportunity for boys and girls to have fun and build relationships while developing their soccer skills through small sided games. The program will be instructed by Sarmad Hussein. Each participant will receive a t-shirt.

TUESDAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr. 20 – June 5</td>
<td>6:00-7:00 p.m.</td>
<td>6005.100</td>
</tr>
</tbody>
</table>

Price: $55 res. $65 non-res.
Location: Coralville Youth Sports Park
Note: KIXX Festival June 5, 11:00 a.m.-12:00 p.m.
Deadline: Apr. 6
Coralville Youth Volleyball Clinic

Learn the basics of volleyball and get a head start on junior high play. Participants will be given instruction on a variety of skills and rules including setting, serving, passing. The Junior division is for 3rd and 4th graders. Senior division is for 5th and 6th graders.

**TUESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>LEAGUE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 19 – Mar. 9</td>
<td>Junior Division</td>
<td>6:15-7:15 p.m.</td>
<td>6610.100</td>
</tr>
<tr>
<td>Jan. 19 – Mar. 9</td>
<td>Senior Division</td>
<td>7:15-8:15 p.m.</td>
<td>6610.101</td>
</tr>
</tbody>
</table>

Price: $65 res. $81.25 non-res.
Location: Green State Fieldhouse
Deadline: Jan. 11

**Coralville Youth Volleyball Team League**

Looking for a league for your club team? Come join Coralville’s 12U and 14U youth volleyball leagues. Games will be played at the Green State Fieldhouse.

You must have a full team to register. Game times will be 6:00 p.m., 7:00 p.m. or 8:00 p.m. Teams will be responsible to ref (like in club tournaments) when scheduled. 8 game season.

**THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>LEAGUE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 28 – Apr. 1</td>
<td>12U Division</td>
<td>6:00-9:00 p.m.</td>
<td>6615.100</td>
</tr>
<tr>
<td>Jan. 28 – Apr. 1</td>
<td>14U Division</td>
<td>6:00-8:00 p.m.</td>
<td>6615.101</td>
</tr>
</tbody>
</table>

Price: $250/team
Location: Green State Fieldhouse
Note: No games Feb. 4,18, Mar. 18
Deadline: Jan. 11

Minors T-Ball & Majors Coach Pitch

Minors - this is an introduction to t-ball for youth ages 4-6. Players will hit off a tee to start with and by the end of the 6 games season will have progressed to being pitched to by a coach. The season will run June 4 – July 8. Volunteer coaches needed.

Majors - this program is for youth age 6-8. Coaches will pitch 4 balls to the player. If contact is not made then a batting tee will be used. Teams will bat until 3 outs have been achieved or have batted once through the lineup. 7 games will be played in the season that runs from June 2 – July 20. All teams will be formed by the school each child attends. If there are not enough kids or coaches per school to form a team, they will be assigned with another school. Volunteer coaches needed.

**LEAGUE AGE DAY CLASS #**

<table>
<thead>
<tr>
<th>League</th>
<th>Age</th>
<th>Day</th>
<th>Class #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minors</td>
<td>4-6</td>
<td>Thursday</td>
<td>6200.200</td>
</tr>
<tr>
<td>Majors</td>
<td>6-8</td>
<td>Tuesday</td>
<td>6200.201</td>
</tr>
</tbody>
</table>

Price: $28 res. $35 non-res. Minors
$36 res. $45 non-res. Majors
Location: Coralville Youth Sports Park
Deadline: May 9

Youth 10U, 12U Softball Team League

Looking for more competitive youth softball? Come join Coralville’s 10U and 12U youth softball leagues. Games will be played at the Coralville Youth Sports Park or Creekside Ballpark. You must have a full team to register. Teams must provide their own game balls. Umpires will be provided. Games are played mid April - end of June. Game times will be 5:00, 6:00 or 7:30. Teams will play 2 Friday games. Each league will be limited to the first 12 teams to register.

**LEAGUE DAY CLASS #**

<table>
<thead>
<tr>
<th>League</th>
<th>Day</th>
<th>Class #</th>
</tr>
</thead>
<tbody>
<tr>
<td>10U</td>
<td>Monday/Friday</td>
<td>6105.200</td>
</tr>
<tr>
<td>12U</td>
<td>Wednesday/Friday</td>
<td>6105.201</td>
</tr>
</tbody>
</table>

Price: $450 per team
Reg. Begins: Feb. 1
Deadline: Mar. 29

Youth Baseball & Softball

The cold weather and snow will be followed by sun and green grass. Then it will be time to play ball. Local options to play for boys and girls ages 9 and above are:

North Liberty Youth Baseball and Softball
www.nlcybs.org/

Iowa City Boys Baseball
iowacityboysbaseball.org/index.html

Iowa City Girls Softball icgs.siplay.com/site/

Babe Ruth Baseball www.nlbr.org/
ADULT SPORTS

Coralville Creekside Ballpark

Coralville Creekside Ballpark leagues are filled on a first-come, first-served basis so, organize your team now!

Adult Softball League

Organize a team and get out to the diamond for a fun summer of softball games. League play will be held on Monday-Friday evenings beginning the week of Apr. 26.

Monday: Men’s D & E & Coed D & E (Starts July 5)
Tuesday: Men’s C, D & E
Wednesday: Men’s D & Coed D
Thursday: Coed C, D & E
Friday: Church League

Registration: Feb. 1 – Apr. 12
Team Fees: $400, plus $6 per player non-res. fee
Note: All registration fees are due at the time of registration.
Deadline: Apr. 11 or when leagues are filled

Adult Basketball League

Stay active and competitive by participating in Coralville’s 5 on 5 basketball league. Our league is self-officiated. A tournament will be held at the end of the season. T-shirts will be given out to the tournament champions. Must be age 18 or older.

THURSDAY

DATE TIME CLASS #
Jan. 12 – Mar. 23 6:00-9:00 p.m. 6350.100

Price: $110 per team, plus a $6 non-res. player fee
Location: Recreational – Green State Field House
          Competitive – Rec. Center
Deadline: Dec. 27

Adult Volleyball Leagues

Get off the couch and onto the court with our coed volleyball leagues. We will offer a competitive “A” league and a recreational “B” league. Grab some friends and stay active through the winter. The league will consist of 8 weeks of league play with a single elimination end of season tournament.

6:00-9:00 P.M.

DATE DAY LEAGUE CLASS #
Jan. 12 – Mar. 23 Tues. Recreational 6370.100

Price: $240/team, plus $6 for every non-res. on the team roster
Deadline: Apr. 11

Adult Coed Kickball League

For all adults out there who want to relive those elementary school playground years, or for those of you that still can’t let go of those childhood memories of being king of the kickball field, here is your opportunity. Join our Kickball League. Participants must be 18 years or older to play. At least 10 people must be on a team.

THURSDAY

DATE TIME CLASS #
Apr. 29 – mid Aug. 6:00-10:00 p.m. 6750.100

Price: $240/team, plus $6 for every non-res. on the team roster
Deadline: Apr. 11

Our ballfield scheduling meeting will be held on Wednesday, Feb. 3 at 6:00 p.m. May be in person or on Zoom. Contact Erik Dinnuro to register.
Tiny Tigers Taekwondo

This program, designed for children ages 3 through 6, teaches basic character qualities, improves motor skills, enhances their ability to pay attention and follow instructions, and teaches them how to stay safe. Classes are fun, exciting, and safe.

**TUESDAY/THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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</thead>
<tbody>
<tr>
<td>Jan.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.100</td>
</tr>
<tr>
<td>Feb.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.101</td>
</tr>
<tr>
<td>Mar.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.102</td>
</tr>
<tr>
<td>Apr.</td>
<td>5:25-5:55 p.m.</td>
<td>7000.103</td>
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</tbody>
</table>

Price: $40 res. $50 non-res.
Age: 3-6

ATA Taekwondo Basics

Students will be instructed in the basic fundamentals of taekwondo by 4th Degree Black Belt Andrew Hurlbut and 3rd Degree Black Belt Curt Long. This class is a great introduction to the sport of taekwondo and will help you lay a solid foundation on which to begin your journey towards Black Belt. Ages 7 and up.

**TUESDAY/THURSDAY**

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<tr>
<th>DATE</th>
<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>Jan.</td>
<td>6:00-6:55 p.m.</td>
<td>7010.100</td>
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<tr>
<td>Feb.</td>
<td>6:00-6:55 p.m.</td>
<td>7010.101</td>
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<tr>
<td>Mar.</td>
<td>6:00-6:55 p.m.</td>
<td>7010.102</td>
</tr>
<tr>
<td>Apr.</td>
<td>6:00-6:55 p.m.</td>
<td>7010.103</td>
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</tbody>
</table>

Price: $40 res. $50 non-res.
Age: 7 and up

Advanced ATA Taekwondo

Students who have advanced to the level of Camo belt and above will learn traditional taekwondo forms, sparring, and board breaking. Prepare to challenge yourself and push to the next level as you work towards your Black Belt – and beyond!

**TUESDAY/THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>Jan.</td>
<td>7:00-7:55 p.m.</td>
<td>7020.100</td>
</tr>
<tr>
<td>Feb.</td>
<td>7:00-7:55 p.m.</td>
<td>7020.101</td>
</tr>
<tr>
<td>Mar.</td>
<td>7:00-7:55 p.m.</td>
<td>7020.102</td>
</tr>
<tr>
<td>Apr.</td>
<td>7:00-7:55 p.m.</td>
<td>7020.103</td>
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</tbody>
</table>

Price: $40 res. $50 non-res.
Age: 7-adult

Coralville Parks and Recreation has partnered with Anderson’s ATA Taekwondo to provide taekwondo classes for beginners through experienced students. Classes are taught by 4th Degree Black Belt Andrew Hurlbut. Mr. Hurlbut is a certified ATA instructor and a graduate of Anderson’s Leadership Program. For more information, visit www.andersonataetaekwondo.com.

New students start every other month (Jan., Mar. May)
EngAGE Tech Series
Tech series is back for more informative sessions! Join Lane as he keeps us up to date on technology involving phones, I-pads, and more. The first 30 minutes are informative, the 2nd 30 minutes are for questions.

**THURSDAY 1:00-2:00 PM**

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>Jan. 7</td>
<td>8035.100</td>
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<tr>
<td>Feb. 4</td>
<td>8035.101</td>
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<tr>
<td>Mar. 4</td>
<td>8035.102</td>
</tr>
<tr>
<td>Apr. 1</td>
<td>8035.103</td>
</tr>
</tbody>
</table>

Price: Free  
Location: North Ridge Pavilion  
Note: Registration required.  
Deadline: 48 hours prior to date

Brush and Barrel Painting
Have you always wanted to create a painting masterpiece, but didn't have the materials or know where to start? Here is your chance to be an artist. All materials are provided.

**THURSDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb. 25</td>
<td>10:00 a.m.-12:00 p.m.</td>
<td>8045.100</td>
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<tr>
<td>Mar. 25</td>
<td>10:00 a.m.-12:00 p.m.</td>
<td>8045.101</td>
</tr>
</tbody>
</table>

Price: $20 res. $25 non-res.  
Location: North Ridge Pavilion  
Deadline: 48 hours prior to date

Senior Exercise
Monday, Wednesday, Friday  
9:30-10:15 a.m.  
Registration required!
DAILY ADMISSION:
$4 per person. **Anyone age 2 years and above entering the pool area will be charged a daily admission fee, regardless of their intent to swim.** Persons leaving the pool area will be required to re-pay the daily admission fee unless pre-approved by the front desk staff.

SUPERVISION:
Parents or responsible adult(s) age 16 and above must accompany and actively supervise children in the pool until the child is nine (9) years of age. Lifeguards reserve the right to evaluate children for swimming ability when using deep water.

INDOOR POOL HOURS:
A calendar is provided each month representing the available lap swim and open swim. The calendar is available at the front desk of the Recreation Center or online at www.coralville.org (under Parks and Recreation Facilities) Call 248-1750 for specific availability.

LOCKERS AVAILABLE:
We recommend using our daily use lockers for only 25 cents to protect your valuables. We also have lockers available for rent. Lockers can be rented on a long-term basis for $7.50 for 3 months, $15 for six months or $30 for one year. **Lockers are closed at this time due to COVID.**

PARTNERSHIP:
We are proud to operate the Coralville indoor pool in partnership with the Iowa City Community School District. Please pick up a monthly calendar for the community open and lap swim times.

DIAPERS:
In an effort to ensure the safety and cleanliness of our swimming pool environment, anyone that requires the use of a diaper, **MUST wear an appropriate swimming diaper.** There are youth swim diapers for sale at the front desk of the recreation center and the concession stand at the aquatic center.

FLOTATION DEVICES AND TOYS:
Patrons may bring their own toys to enjoy at the pool. Flotation devices such as rafts may be used if they are small enough to hold only one person. The guards reserve the right to clear the pool of all flotation devices when it inhibits their view and remove toys for the safety of other patrons. Flotation devices are allowed in the shallow end and 4-5 ft. area. Please note that hard balls and squirt guns are not allowed.
CORALVILLE SWIM PASS(S)
Coralville Parks and Recreation Swim pass allows you admittance to BOTH the Coralville Indoor Pool and Coralville Community Aquatic Center. Pass prices are based on the number of pass holders in the household. No more than two (2) adults allowed per household. Passes must be purchased for children age 24 months through 18 years of age that are related to one or both the household adults by blood, marriage, adoption, foster care placement, or legal guardianship. All pass holders must reside in the same household address.

PASS HOLDERS
Please be aware that open and lap swim hours may be limited at various times throughout the year due to swim programs/activities and school use. A monthly calendar is posted each month.

PUNCH CARDS
• All punch cards will expire 2 years from date of purchase.
• Aquatic Center punch cards may be purchased at the Aquatic Center. All others must be purchased at the Recreation Center.

Iowa City School District Swim Meets
West High Boys Swim Team
Swim meets will be Jan. 5, 19
Jr. High Boys Swim Team
Swim meet will be Jan. 7, 14

POOL: QUESTIONS

LAP SWIM:
We are continuing Coralville only/current pass holders/current punch cards for Lap swim times. Call to see if a lane reservation is required.

PASSES:
We are not selling NEW passes at this time; we will allow renewals of current pass holders.

SPA:
Will be open: Limited capacity

WADING POOL:
Will be open with a limit of 4 people.

LOCKER ROOM/LOCKERS:
Locker rooms: open
Lockers: closed

MASKS:
Required to enter the building, BUT when patron reaches pool deck/locker rooms they are not required.
Masks are NOT allowed while in the water.

CHAIRS, TABLES, BLEACHERS:
Tables and chairs will not be available:
We will continue to have chairs in the deep end for lap swimmer items.

OPEN SWIMS/FAMILY SWIM:
Patrons are to self-monitor their social distancing.
Lap lanes: Patrons will self-monitor their social distancing while using the lap lanes. Lane reservations may be required.
*These policies/procedures may change as conditions change.
Infant, Toddler, Preschool (ITP)

**Infant and Toddler Courses**

Parents and children learn together to increase a child’s comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and help introduce water safety concepts, encouraging a healthy recreational habit that your entire family can enjoy.

**Infant Course**
(6-18 months)

- Learn to ask for permission before entering the water.
- Learn how to enter and exit the water in a safe manner.
- Feel comfortable in the water.
- Explore submerging to the mouth, nose and eyes and fully submerging.
- Explore buoyancy on the front and back position.
- Change body position in the water.
- Experience wearing a U.S. Coast Guard-approved life jacket.
- Plus age-appropriate water safety topics.

**Toddler Course**
(19-36 months)

- Establish expectation for adult supervision.
- Learn how to enter and exit the water in a safe manner.
- Explore submerging in a rhythmic pattern.
- Glide on the front and back with assistance.
- Perform combined stroke on front and back with assistance.
- Change body position in the water.
- Experience wearing a U.S. Coast Guard-approved life jacket in the water.
- Plus age-appropriate water safety topics.

**Preschool Aquatics**
(3-4 year old)

Throughout the three levels, preschool-age children are taught basic aquatic safety and swimming skills, all while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoying social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it’s safety first. **Children should be comfortable in a group learning situation and be able to stand alone in 2’8” depth of water.** Upon successful completion of all three levels of Preschool Aquatics and the child has reached the age of 5, they can enter Red Cross Level 2 or 3. Please note RC Level 3 will be taught in 3’5” of water and deeper.

**PRESCHOOL I**
Orients children to the aquatic environment and helps them gain basic aquatic skills. Skills may be performed with support.

- Enter water using ramp, steps or side.
- Exit water using ladder, steps or side.
- Blow bubbles through mouth and nose.
- Submerge mouth, nose, and eyes.
- Open eyes under water and retrieve submerged objects.
- Front glide (2 body lengths) and recover to a vertical position.
- Back glide (2 body lengths) and recover to a vertical position.
- Back float (3 seconds).
- Roll from front to back and back to front.
- Tread with arm and hand actions (chest deep water).
- Alternating and simultaneous arm and leg actions on front (2 body lengths).
- Combined arm and leg actions on front and back (2 body lengths).
- Plus age-appropriate water safety topics.

**PRESCHOOL II**
Helps children gain greater independence in their skills and develop more comfort in and around water. Skills may be performed with assistance.

- Enter water by stepping in from a deck or low height.
- Exit water using ladder, steps or side.
- Bobbing, 5 times.
- Open eyes under water and retrieve submerged objects.
- Front glide (2 body lengths) and Front float (3 seconds).
- Back glide (2 body lengths) and Back float (5 seconds).
- Roll from front to back and back to front.
- Tread water using arm and leg actions (15 seconds) in shoulder deep water.
- Combined arm and leg actions on front and back (3 body lengths).
- Finning arm action on back (3 body lengths).
- Plus age-appropriate water safety topics.

**PRESCHOOL III**
Helps children start to gain basic swimming propulsive skills to be comfortable in and around water. Skills are performed independently.

- Enter water by jumping in shoulder deep water.
- Fully submerge and hold breath (10 seconds).
- Bobbing (10 times).
- Rotary breathing, (5 times).
- Front, jellyfish and tuck floats (10 seconds).
- Back float (15 seconds); Back glide (3 body lengths).
- Change direction of travel while swimming on front or back.
- Tread water (30 seconds).
- Combined arm and leg actions on front and back (5 body lengths).
- Finning arm action on back (5 body lengths).
- Plus age-appropriate water safety topics.
Parents MUST BE in the water with child and should maintain social distancing from other family units
• NO Spectators on deck during lessons
• Masks must be worn to the locker rooms, or pool deck, but NOT in water
• Instructor will teach with social distancing in place and will not be wearing a mask

*Subject to future proclamations

**ITP Monday**

**JAN. 25 – MAR. 8**

<table>
<thead>
<tr>
<th>TIME</th>
<th>CLASS</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>5:30-6:00 p.m.</td>
<td>PS I</td>
<td>1900.110</td>
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<td>PS II</td>
<td>1950.110</td>
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<tr>
<td>6:05-6:35 p.m.</td>
<td>Toddler</td>
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<td>PS III</td>
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Price: $31.50 res. $39.50 non-res.
Note: 7 classes at 30 minutes

**ITP Wednesday**

**JAN. 27 – MAR. 10**

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<td>6:05-6:35 p.m.</td>
<td>PS I</td>
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Price: $31.50 res. $39.50 non-res.
Note: 7 classes at 30 minutes

**ITP Saturday**

**JAN. 30 – MAR. 13**

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Price: $31.50 res. $39.50 non-res.
Note: 7 classes at 30 minutes

**MAR. 22 – MAY 3**

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<td>PS I</td>
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Price: $31.50 res. $39.50 non-res.
Note: 7 classes at 30 minutes

**MAR. 24 – MAY 5**

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Price: $31.50 res. $39.50 non-res.
Note: 7 classes at 30 minutes

**MAR. 27 – MAY 8**

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<td>Infant</td>
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<td></td>
<td>PS I</td>
<td>1908.100</td>
</tr>
<tr>
<td></td>
<td>PS II</td>
<td>1955.100</td>
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</tbody>
</table>

Price: $31.50 res. $39.50 non-res.
Note: 7 classes at 30 minutes
Red Cross Swim Lessons

Red Cross Swim Lessons: Must be 5 years of age or older to sign up for Red Cross lessons. Students should have successfully completed or be able to perform the skills in the preceding level/course. If undecided, ask our front desk staff to help you determine the appropriate level.

- **PARENTS:** PLEASE KEEP YOUR CHILD'S END OF LESSON REPORTS TO GUIDE YOU FOR YOUR NEXT SWIM LESSON ENROLLMENT.
- Please read the descriptions below to help place your student in the appropriate level. It is very helpful to the student, staff, and other class mates if you strive to place your student in the appropriate level the first time. The lesson staff will be evaluating the students on the first day of lessons. If the need arises to transfer a student, we will try to accommodate by moving the student to the appropriate level, if room allows it.

- **REGISTRATIONS:** In order to give everyone a chance to participate in swim lessons we allow only one registration or wait list registration at a time. You may sign up for the next available class at the completion of your current session.

### Red Cross Level Descriptions

Please be advised it may take multiple sessions for your child to move on. Each level has very specific skills that must be mastered in order to move to the next level. To help your child we encourage you to visit the pool during open swim and let your child practice what they have learned.

Listed below are the skills for each level. The lesson staff will be testing on the first day. They will assess your child's ability and determine if the child is in the appropriate level. If the need arises, we will try to accommodate by moving the participant to the appropriate level, if room allows it.

#### Level 1 - Introduction to Water Skills
- Enter and Exit water using ramp, steps or side
- Blow bubbles through mouth and nose (3 seconds)
- Bobbing (5 times)
- Open eyes under water and retrieve submerged objects (2 times)
- Front and back glide (2 body lengths)
- Back float (5 seconds)
- Roll from front to back and back to front
- Tread water using arm and hand actions (chest deep water)
- Alternating and simultaneous arm and leg actions on front and back (2 body lengths)
- Combined arm and leg actions on front and back (2 body lengths)

#### Level 2—Fundamental Aquatic Skills
- Enter water by stepping or jumping from the side
- Exit water using ladder, steps, or side
- Fully submerge and hold breath (10 seconds)
- Bobbing (10 times)
- Open eyes under water and retrieve submerged objects (3 times)
- Rotary breathing (5 times)
- Front glide (3 body lengths), Front float (10 seconds)
- Back glide (2 body lengths), Back float (15 seconds)
- Roll from front to back and back to front
- Tread water (15 seconds)
- Combined arm and leg actions on front and back (5 body lengths)
- Finning arm action (5 body lengths)

#### Level 3—Stroke Development
- Enter water by jumping from the side, fully submerge then recover to the surface and return to the side
- Headfirst entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety (15 times)
- Rotary breathing (15 times)
- Survival float (30 seconds) Back Float (1 minute)
- Change from vertical to horizontal position on front and back
- Tread water (1 minute)
- Push off and flutter kick (5 body lengths)
- Push off and begin dolphin kick
- Front crawl (25 yards)
- Breaststroke kick (15 yards)
- Elementary backstroke (15 yards)
- Scissors kick (15 yards)

#### Level 4—Stroke Improvement
- Headfirst entries from the side in compact and stride positions
- Swim under water (5 body lengths)
- Feet first surface dive
- Survival swimming (1 minute)
- Open turns using front crawl and backstroke
- Tread water using 2 different kicks (2 minutes)
- Front crawl (25 yards), breaststroke (15 yards), butterfly (15 yards)
- Flutter and dolphin kicks on back (5 body lengths)
- Elementary backstroke (25 yards) Back crawl (15 yards) Sidestroke (15 yards)

#### Level 5—Stroke Refinement
- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and poker surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Tread water with arms and legs (5 minutes)
- Tread water legs only (2 minutes)
- Front crawl (50 yards) Breaststroke (25 yards) Butterfly (25 yards)
- Elementary backstroke (50 yards) Back crawl (25 yards)
- Sculling (30 seconds)
- Sidestroke (25 yards)

#### Level 6—Swimming and Skill Proficiency
All options include the following skills:
- 100 yards each: Front Crawl; Elementary backstroke
- 50 yards each: Back crawl; Breaststroke; Sidestroke; Butterfly
- Turns: Front open; Backstroke open; Front flip; Backstroke flip; Sidestroke; Butterfly; Breaststroke

**Specialty options:**
- **Personal Water Safety (P):**
  - HELP position (2 minutes) Huddle position (2 minutes)
  - Feet first, Tuck, and Pike surface dives
  - Back float (5 minutes) Survival float (5 minutes)
  - Survival swimming (10 minutes)
  - Tread water: legs only (2 minutes)
  - Surface dive and retrieve object deep water

- **Fundamentals of Diving (D):**
  - Basic Stretching exercises, Body alignment and control
  - Surface dives
  - Diving from side of pool; Kneeling, Fall-in, Standing
  - Diving from diving board; Kneeling, Fall-in, Standing
  - Takeoff from deck; Pool side; Board
  - One and two part takeoffs
  - Tuck position
  - Forward jump and dive positions (side and board)
  - One and two part takeoffs
  - Pike position
  - Forward jump and dive positions (side and board)
  - One and two part takeoffs

- **Fitness Swimmer (F):**
  - Circle Swimming; Using pace clock
  - Equipment (Pull Buoys, Fins, Paddles)
  - Setting up exercise plans, training techniques, heart rate
  - Aquatic Exercise
  - Surface dive and retrieve object deep water
### Red Cross Monday
**JAN. 25 – MAR. 8**

<table>
<thead>
<tr>
<th>TIME</th>
<th>CLASS</th>
<th>CLASS #</th>
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<tbody>
<tr>
<td>6:40-7:10 p.m.</td>
<td>Level 1</td>
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**Price:** $33.25 res; $41.50 non-res.  
**Note:** 7 classes at 30 minutes

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### Red Cross Wednesday
**JAN. 27 – MAR. 10**

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**Price:** $33.25 res; $41.50 non-res.  
**Note:** 7 classes at 30 minutes

### Red Cross Saturday
**JAN. 30 – MAR. 13**

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<td></td>
<td>Level 2</td>
<td>1210.100</td>
</tr>
<tr>
<td></td>
<td>Level 3</td>
<td>1307.100</td>
</tr>
<tr>
<td></td>
<td>Level 4</td>
<td>1404.100</td>
</tr>
</tbody>
</table>

**Price:** $33.25 res; $41.50 non-res.  
**Note:** 7 classes at 30 minutes
Lifeguard Training

Do you like working with the public and giving back to your community? The American Red Cross Lifeguard Training course teaches skills and knowledge required for effective life guarding at swimming pools. When you successfully complete the course you will be certified in Lifeguard Training, CPR/AED, and First Aid as mandatory components of the class.

Attendance is mandatory for ALL classes. To be eligible for the Lifeguard Training certification, participants must score 80% or higher on all written exams and satisfactorily perform all combined skills in the water, first aid, and CPR/AED.

PREREQUISITES:
• Ability to swim 300 yards continuously using 100 yds. front crawl using rhythmic breathing and a stabilizing, propellant kick. 100 yds. breaststroke, 100 yds. of either front crawl using rhythmic breathing or breaststroke. These 100 yds. may be a mixture of front crawl and breaststroke. There is no time limit but it must be in strong fashion and non-stop.
• Starting in the water, swim 20 yds. using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a ten pound brick, return to the surface, and swim 20 yards back to the starting point with the object and exit the pool without using a ladder or steps. This is a timed event; you must complete this within 1 minute and 40 seconds.
• Participants must be 15 years of age before the last day of the course.
• Please note that to be eligible for employment, the City of Coralville requires lifeguards to be 16 years of age.

Note:

WE WILL SOCIAL DISTANCE WHENEVER POSSIBLE, BUT THERE WILL BE TIMES WHEN CLOSE CONTACT IS UNAVOIDABLE.
Arranged Private Lessons

Private lessons are one on one lessons at these pre-arranged times. Must be three years of age or older.

**MONDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 25 – Feb. 8 (3x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.100</td>
</tr>
<tr>
<td>Feb. 15 – Mar. 8 (4x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.101</td>
</tr>
<tr>
<td>Mar. 22 – Apr. 5 (3x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.102</td>
</tr>
<tr>
<td>Apr. 12 – May 3 (4x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.103</td>
</tr>
</tbody>
</table>

**WEDNESDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 27 – Feb. 10 (3x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.104</td>
</tr>
<tr>
<td>Feb. 17 – Mar. 10 (4x)</td>
<td>7:50-8:20 p.m</td>
<td>1000.105</td>
</tr>
<tr>
<td>Mar. 24 – Apr. 7 (3x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.106</td>
</tr>
<tr>
<td>Apr. 14 – May 5 (4x)</td>
<td>7:50-8:20 p.m.</td>
<td>1000.107</td>
</tr>
</tbody>
</table>

Price: (3 lessons) $45 res. $56.25 non-res.  
(4 lessons) $60 res. $75 non-res.  
FYI: Classes are 30 minutes

Adult Beginner Small Group

Are you afraid of the water? Not really confident with your abilities? Adult beginner may be for you. We work with adults with little or no experience in the water. The goal of this class will be to help students feel comfortable in the water and learn essential aquatic skills. Skills taught will include water adjustment, front and back floats, and introductions to both back crawl and front crawl.

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 30 – Mar. 13</td>
<td>Sat.</td>
<td>9:15-9:45 a.m.</td>
<td>2000.100</td>
</tr>
<tr>
<td>Mar. 24 – May 5</td>
<td>Wed.</td>
<td>6:40-7:10 p.m.</td>
<td>2000.101</td>
</tr>
</tbody>
</table>

Price: $22 res. $27.50 non-res.  
Note: 7 classes at 30 minutes

Adult Intermediate Small Group

Now that you are comfortable in deep water and able to swim the length of the pool your next step is Adult Intermediate! The intermediate swim class is geared toward those who are looking to learn expand their beginner’s strokes and techniques. This class will further develop your endurance and confidence in the water. We will concentrate on front and back crawl as well as introduction of the breast stroke.

**SATURDAY**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar. 27 – May 8</td>
<td>9:15-9:45 a.m</td>
<td>2005.100</td>
</tr>
</tbody>
</table>

Price: $22 res. $27.50 non-res.  
Note: 7 classes at 30 minutes

Aquacise

Aquacise is a dynamic, diverse, and FUN class. You will learn the value and benefits of exercising in the water. Water has a natural resistance as well as a natural buoyancy factor to help you tone your muscles and increase or maintain your flexibility. You do not need to know how to swim.

**MONDAY/WEDNESDAY/FRIDAY 7:30-8:15 A.M.**

<table>
<thead>
<tr>
<th>DATE</th>
<th>PRICE</th>
<th>CLASS #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb.</td>
<td>$36 res. $45 non-res.</td>
<td>2550.100</td>
</tr>
<tr>
<td>Mar.</td>
<td>$39 res. $48.75 non-res.</td>
<td>2550.101</td>
</tr>
<tr>
<td>Apr.</td>
<td>$39 res. $48.75 non-res.</td>
<td>2550.102</td>
</tr>
<tr>
<td>May</td>
<td>$36 res. $45 non-res.</td>
<td>2550.103</td>
</tr>
</tbody>
</table>

Note: Monthly session dates may change. Upon signing up for class, please verify price and dates.

Aqua Aerobic Punch Passes

You may use your aerobic punch card after the minimum enrollment for a class is met.

10-punch pass: $50  
Drop-in: $5
Altmaier Family Park & Disc Golf Course
3444 Deer Creek Road
• Disc Golf
• Bags Games
• Barnyard picnic area
• Opens at 11:00 a.m. M-F

Woodpecker Single Track Trail
Access from 719 Camp Cardinal Boulevard
• Six miles of single track trail
• Mountain bike skills course
• Walk or bike

Coralville Trail System
Enjoy over 45 miles of hard surface trails
www.coralville.org/trails

S.T. Morrison Park
1500 Block of 5th Street
• Playground
• Tennis Courts
• 2 Youth Ball Diamonds
• Sand Volleyball Court
• Home of the Recreation Center
• Small and Large Shelters
• Fishing pond
• Aquatic Center

North Ridge Park
Holiday Road and South Ridge Drive
• North Ridge Pavilion
• Playground
• Small Shelters
• Trails
• Trail Hub
• Fishing pond

Dovetail Recreation Area
Oakdale Boulevard
• Multi-purpose athletic field
• Sand volleyball courts
• Recreation trail
• Fishing pond

Central Park
501 6th Street
• Small Picnic Shelter
• Butterfly garden
• Trail

Auburn Hills Park
Auburn Hills Drive
• Trails
• Playground, Gym and Community Room
(Kate Wickham Elementary)

Rotary Camp Park/ Clear Creek Greenway
Camp Cardinal Boulevard
• 300 acre nature preserve area
• Trail System
• Bird Blind
• Shelter

Kiddie Korral
8th Street and 12th Avenue
• Preschool Playground
• Small Picnic Shelter

M.A. Ewalt Park
Old Highway 6
• 10 acre water detention pond/fishing
• Future Trails
• Available for canoes and kayaks

Coralville Youth Sports Park
2480 Dempster Drive
• Playground
• Walking Trails
• Fishing Pond
• Bocce Courts
• 5 Baseball / Softball Diamonds
• 3 Soccer Fields
Shelters
Shelter Reservations are taken March 1 – Oct. 31 at the Coralville Recreation Center. Prices are based on size of group, residency and length of rental.

Shelter Rentals
Three shelters are able to be reserved – Hilltop & Fireside (S.T. Morrison Park), North Ridge (North Ridge Park). Shelters are reserved in four hour blocks - 10:00 a.m.-2:00 p.m., 2:00-6:00 p.m., or 6:00-10:00 p.m.

Any amplified sound, commercial grills, or inflatables must be approved by the Recreation Superintendent prior to rental.

RESERVATION FEES

<table>
<thead>
<tr>
<th>GROUP SIZE</th>
<th>RES.</th>
<th>NON-RES.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-25</td>
<td>$20</td>
<td>$25</td>
</tr>
<tr>
<td>26-60</td>
<td>$35</td>
<td>$43.75</td>
</tr>
<tr>
<td>61-100</td>
<td>$55</td>
<td>$68.75</td>
</tr>
<tr>
<td>100-150</td>
<td>$75</td>
<td>$93.75</td>
</tr>
<tr>
<td>151+</td>
<td>Determined by Recreation Superintendent</td>
<td></td>
</tr>
</tbody>
</table>

Coralville Creekside Cross
This 2.6 mile cross course is open to cyclocross biking, cross country running, and cross country skiing.

The course is open daily - dawn to dusk. If there has been excessive rain or other conditions to make the course soft, it may be closed for a day or more to allow it to dry out. Check the website (www.coralville.org/creeksidecross) for current status.

Altmaier Family Park and Disc Golf Course
This beautiful 18 hole course sits on a former family farm with picturesque views of western Coralville. At the farmyard in the park, play a game of bags or relax with a picnic after a game.

Address: 3444 Deer Creek Road
Hours: Monday – Friday 11:00 a.m.*–Dusk
Saturday – Sunday Dawn–Dusk
*11:00 a.m is a firm open time.
No one allowed before 11:00 a.m.

Alex Buhmeyer
Parks Superintendent
North Ridge Pavilion
2250 Holiday Road

The North Ridge Pavilion is a 1700 square foot, all season event venue. It is the perfect size for a company gathering, family reunion, wedding reception, or other function and can be easily accessed from Holiday Road. Seat up to 100 guests in the great room, prepare a meal in the kitchen, or have your event catered and relax as you take in a breath of fresh air on the veranda overlooking the park.

Facility Hours
Facility is available for rentals from 7:00 a.m.-11:00 p.m. Monday through Sunday. All guests and support personnel such as catering staff must exit the building and park by 11:00 p.m. Overnight rentals are not permitted at North Ridge Pavilion.

Reservations
Reservations are taken year round at the Coralville Recreation Center, 1506 8th Street, and can be made up to 18 months in advance of your event. Full rental fee and deposit are due at the time of reservation. An application fee of 1/3 the base fee is non-refundable in the event of a cancellation. Reservations must be made 10 days prior to date. Optional cleaning service is available for weekday (Monday-Thursday) rentals ending at 6:00 p.m. or later, and for weekend rentals ending at 11:00 p.m.

Seating Accommodations
Seat up to 100* guests with either (12) 5’ round tables or (12) 8’ rectangular tables.
*Currently reduced due to COVID regulations.

Office Hours
The Pavilion is open Tuesdays 11:30 a.m.-1:30 p.m. and by appointment for general viewing unless otherwise booked for an event.

Rates:

<table>
<thead>
<tr>
<th></th>
<th>Resident/Corralville business</th>
<th>Non-Resident/Other business</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekday 4 hour block</td>
<td>$120</td>
<td>$135</td>
</tr>
<tr>
<td>Weekend 6 hour block</td>
<td>$180</td>
<td>$215</td>
</tr>
<tr>
<td>Weekend Entire Day</td>
<td>$280</td>
<td>$340</td>
</tr>
<tr>
<td>7:00 a.m.-11:00 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Johnson County Not-for-profit 2 hour rental (Monday-Thursday)</td>
<td>$25**</td>
<td></td>
</tr>
<tr>
<td>Holiday</td>
<td>$320</td>
<td>$400</td>
</tr>
<tr>
<td>Deposit</td>
<td>$300*</td>
<td>$300*</td>
</tr>
<tr>
<td>Optional Event Cleaning</td>
<td>$70</td>
<td>$70</td>
</tr>
</tbody>
</table>

*Paid by separate check or credit card (MC, VISA, DISCOVER, AMEX)
**Non-profits must provide proof of non-profit status to get a reduced rate (ex. 501(c)3)

Event Planning
Using North Ridge Pavilion for Profit
Groups or individuals using a Parks & Recreation Department facility to generate revenue will pay a higher rate.
• Person(s) reserving the facility to conduct fundraising activities for a non-profit organization or political candidate will pay two times the standard rate.
• Businesses, for profit organizations, or individuals conducting for profit activities will pay three times the standard rate.
• Fee may be waived or reduced by the Parks & Recreation Director if all net proceeds are donated to a non-profit organization(s) or an established Coralville charity event/fund.

Music is allowed inside the pavilion only.
AV equipment: 60” flat screen TV with VGA and USB inputs; DVD/CD player; small PA system suitable for speaking or background music with inputs for microphone(s) and iPod/mp3 player; overhead projector screen is available.
Decorations may be placed throughout the facility but must leave no marks or residue when removed.
The North Ridge Pavilion and its attached veranda is a smoke-free facility.
Alcohol, in the form of beer, wine, and wine cooler type drinks, is allowed at the facility if it is given away to those over 21 years of age. An alcohol permit of $25 is required. Selling alcohol is prohibited.

Youth Non-Profit Facility Use
The North Ridge Pavilion may be used by youth non profit organizations on Tuesday evenings. (Youth Non-Profit as defined by department policies). Each group may have no more than one free reservation per month. Additional rentals may be made by the group at the weekday non-profit rate. Check with the Recreation Center Supervisor for the time frames when requests can be made. A $25 deposit is required and can be kept filed with the department for up to one year.
Adult non-profits must provide proof of non-profit status to get a reduced rate (ex. 501(c)3).
Winter Options at Brown Deer

Golf play may be over for the season, but Brown Deer will host several winter sports that will give the community outdoor opportunities for winter fitness.

Sleds are a popular activity at Brown Deer. The City does not designate or groom hills for sledding. It is up to the participant to choose a hillside they feel is safe for their use.

Snow conditions are monitored and Brown Deer staff will post signs regarding availability of outdoor activities.

When the course is closed for the season, the public may use the cart paths for their walking enjoyment. Cart paths are not plowed or treated for icy conditions. The course is groomed for cross country skiing when conditions allow.

Ice fishing is also available during the off season. It requires a valid fishing license and is at your own risk.

Questions regarding use of Brown Deer for winter activities can be directed to the Brown Deer staff at 319-248-9300.

Winter Pro Shop Hours

Monday – Friday 8:00 a.m.–2:00 p.m.
*Closed Dec. 24 – Jan. 3 or by appointment

Golf Merchandise

Snow may be on the ground, but the Brown Deer Pro Shop is still open for business. All in stock apparel is 30% off until Christmas. Special order items from Taylor Made, Titleist, Callaway, Adams, Cobra, Ashworth, Adidas and others are all available for that special gift. Contact the Pro Shop for additional information or to place your order.

Play Packages

<table>
<thead>
<tr>
<th>Buy</th>
<th>Receive Free</th>
<th>Total</th>
<th>Discount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$300</td>
<td>$45</td>
<td>$345</td>
<td>15% Free!</td>
</tr>
<tr>
<td>$600</td>
<td>$120</td>
<td>$720</td>
<td>20% Free!</td>
</tr>
</tbody>
</table>

Coralville residents also receive an extra $25 credit for purchasing a golf play package.

Gift Cards

Gift cards are available in person, online at browndeergolf.org, or by phone. They are redeemable for golf, cart, range, and merchandise. They make a perfect gift for any golfer.

Lessons

Golf lessons make a great gift for you or a friend. PGA Professionals Sean McCarty, Brian Wernimont, and Jeff Schmid combine for over 60 years of experience and can help you improve all aspects of your game. Lessons are available for men, women, youth, as well as groups. Call 319-248-9300 for additional information or to purchase your lessons.
CCPA Rental
The Coralville Center for the Performing Arts is available for performances, presentations, speakers, workshops and other uses. For available dates and information, call 319-248-9370 or coralvillearts@coralville.org.

Volunteer at CCPA
The Coralville Center for the Performing Arts is always looking for some friendly faces to join our volunteer team. Volunteers help provide CCPA patrons with a memorable theater-going experience, whether assisting behind the scenes or working directly with audience members. Areas for volunteering include:

• Box office assistance
• Event promotions through poster and flyer distribution
• Fundraising and special event teams
• Merchandise sales
• Technical staff assistance to help create theatrical magic
• Welcoming and ushering patrons

To find out more about volunteering, call 319-248-9372 or email nmayfield@coralville.org.

Box Office
The CCPA box office is located in the Center’s main lobby at 1301 5th Street. Box office hours are:
Wednesday - Friday  |  Noon-4:00 p.m.
One hour prior to ticketed events.

The box office phone is 319-248-9370. Tickets are available 24 hours a day at www.coralvillearts.org.

Upcoming Events
Please check the CCPA website for upcoming events at www.coralvillearts.org
Passes available

**Coralville Recreation Center**
1506 8th Street, Coralville
(for Recreation Center hours, see page 2)

**We Welcome Children...**
We welcome people of all ages to our recreation facilities. For the safety and well being of the children attending the Recreation Center and pools, we have set the following supervision parameters:

- Any child below 5th grade must be accompanied by an adult in the Recreation Center area of the facility. The adult may not be in the swimming pool area at the times the child is in the recreation area of the facility (or vice-versa).
- Parents or responsible adults must accompany children to the pools until the child is nine (9) years of age and possesses proficient swimming ability to be on his or her own. Lifeguards may test child for his/her swimming ability.

**Gyms**
- Organized practices outside of CRC programs are not permitted during open gym time.
- Gym calendars are provided at the front desk or on our website for our open gym schedule.

**Open Gym Policy**
Our open gym policy is designed to offer open gym time without structured team practices. The gym is available to everyone for shooting baskets and other gym type activities. **Team practices are not allowed during open gym times.**

**Rec Pass**
This fall, the Coralville Recreation Center has implemented a new pass policy. All drop in users of the Recreation Center are now required to have a Rec Pass. This allows us to track attendance, and monitor usage of different times and activities. The initial pass is FREE. We require that everyone in 5th grade and above get a pass and use it each time they come in for drop in use. A pass is not required if you are registered for a program. Stop at the front desk to get your pass made and picture taken.

**Racquetball/Wallyball Court**
Call 319-248-1750 to make a reservation. (Up to 1 week in advance)
Court fee  $5 per hour
Equipment Rental  $.25 for each piece

**Exercise Room**
Stationary and recumbent bike, stair climber, treadmills, elliptical, and Precor strength training system. Maximum of eight (8) patrons in the Exercise Room at one time. 30 minute time limit on each piece of equipment. Drop-In $2  10 & 20 Punch Cards and 3, 6, and 12 month

**Online Registrations**
You can register for many of our programs online at www.coralville.org, 24 hours a day. Follow the directions provided by Active.com, our online service, step by step as it walks you through class registrations. You will receive e-mail confirmation of your enrollment when it is complete.

Due to the popularity of programs such as Preschool and Levels 1-6 swim lessons, or programs which require adult signatures or team rosters to participate, those programs will not be offered online for registration.

**Scholarship Assistance**
Participant scholarships are made available to Coralville resident youth for instructional programs by service clubs and area businesses. Families are asked to pay 25% of the program’s cost. The remainder of the program cost is covered by the scholarship. Inquire at the front desk for scholarship guidelines.

**Accommodations for Disabilities**
Many of our programs can accommodate persons with disabilities. If you need special accomoda-
Registration Information

• In order to plan properly for the classes, all enrollments should be made a minimum of 48 hours in advance of the start of the program. The staff reserves the right to close registration within this 48 hour time period or after noted program deadline or to alter the program offered if in the best interest of the participants. Classes which do not meet sufficient enrollment may be postponed or cancelled. If a program is cancelled, participants will be contacted 48 hours in advance.

• By applying for these recreation programs, each resident realizes the inherent risks involved in the program and appreciates the nature of these risks. The applicants hold the City of Coralville harmless for any damage caused by participation in these programs. The City provides no medical insurance. Participants registering for activities of strenuous nature are encouraged to seek physician's approval.

• Registrants and participants permit the taking of photos and video of themselves and their children during city sponsored activities for publication and use, as the Department deems appropriate.

• To encourage first time participation, as well as repeated participation, the Coralville Parks and Recreation Department has a refund policy highlighted by a satisfaction guarantee. The policy covers all programs, activities, and services. It is our desire to provide quality services and exceed customer expectations. This policy does not apply to application fees which are required for facility usage, advanced training courses, and care programs.

• Credits are good for one year from date of issue.

City of Coralville Parks & Recreation

1506 8th Street, Coralville, IA 52241

ADULT

<table>
<thead>
<tr>
<th>LAST</th>
<th>FIRST</th>
<th>MI</th>
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<tr>
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</table>

ADDRESS

CITY/STATE/ZIP

TELEPHONE: HOME

WORK

EMERGENCY

E-MAIL ADDRESS

Activity No. | Participant’s Name | Birthdate | T-shirt size | Activity Name | Price
---|---|---|---|---|---
|     |     |     |     |     |     

|     |     |     |     |     |     

|     |     |     |     |     |     

|     |     |     |     |     |     

|     |     |     |     |     |     

Visa/MasterCard/Discover/American Express will be accepted for payment of recreation fees and passes.

<table>
<thead>
<tr>
<th>TYPE</th>
<th>CARD NUMBER</th>
<th>BEARER'S NAME</th>
<th>EXPIRATION DATE</th>
<th>3 DIGIT CODE</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

Do you need a special accommodation due to a disability to participate?  □ Yes  □ No

Are you interested in coaching?  □ Yes  □ No

Coach’s T-shirt size ____________
**Sunday, December 13, 2020 | 3:30-5:00 p.m.**

**Fireside Shelter Area | 1513 7th Street**

As part of Aisle of Lights, decorate a luminary with your wishes for 2021 and place around the walkway at the southern end of S.T. Morrison Park. Gather with your family near one of the fires to reflect on the year or grab a cup of hot cocoa and a bagged cookie to take along your walk to view the many wishes. At 4:50 p.m., we will socially distance gather near the front of the Aquatic Center for a short reflection and then light all the messages at once. May our messages of good will carry us into a brighter 2021 in Coralville.

Masks required. Please keep six feet apart from those outside of your family circle.

---

**Light the Way**

**Saturday February 6**

**1:00-3:00 p.m.**

**YETI PEDAL**

Wrap yourself in winter gear and bring your bike to the Yeti Pedal at Woodpecker Singletrack Trail. Fat tire and mid fat bikes are recommended or a bike with a 3.8 inch tire or greater with a reduced tire pressure to 4 psi. Warm up your fingers and toes by the fire and have some hot chocolate.

No bike? Event partners will bring bikes to try if they still have them in stock, and ICORR, will groom the trail and offer winter riding tips.

Don’t forget your helmet, several layers, and warm gloves.

**Location:** Tom Harkin Trailhead